



Melatonin 3 mg + 200 mg L-theanine

Supplement Facts	
Serving Size 1 softgel	
Amount Per Softgel	
Calories 5	
L-theanine 200 mg	*
Melatonin 3 mg	*
Chamomile Flower Extract (<i>Chamomilla recutita</i>) 17 mg	*
Passion Flower Extract (<i>Passiflora incarnate</i>) 17 mg	*
Lemon Balm Leaf Extract (<i>Melissa officinalis</i>) 16 mg	*
* Daily Value not established.	

OTHER INGREDIENTS: Medium Chain Triglycerides, Gelatin, Glycerin, Soy Lecithin, Water, Yellow Beeswax, Colors Added.

Contains: Soy