## Adult Female Suggested Use:

1/4 tsp in water 1-3 times daily or as needed.
\*\*If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product.

SHAKE WELL

KEEP OUT OF REACH OF CHILDREN

STORE IN A COOL, DRY PLACE OUT OF SUNLIGHT

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured and Distributed by: Mountain Meadow Herbs, Inc. P.O. Box 9227 Kalispell, MT 59904 P. (888) 528-8615 F. (209) 671-1921 www.mountainmeadowherbs.com





4 fluid oz. Herbal Dietary Supplement

## Supplement Facts Serving Size: 1/4 tsp\* Servings per Container: Per Serving %DV Proprietary Blend of Extracts 1.25 ml Blessed Thistle herb Marshmallow root Alfalfa leaf Fennel seed Skullcap herb Chaste Tree berry Stinging Nettle leaf Anise seed Peppermint leaf Red Raspberry leaf Milk Thistle seed Lemon Balm leaf † Daily Value (DV) not established

Other Ingredients: vegetable glycerine, distilled water and approx. 5% organic grain alcohol.

Not for Children

