



Supplement Facts

Serving Size 1 tablet

Amount Per Tablet

%Daily Value

Vitamin D₃ (as Cholecalciferol) 1000 IU (25 mcg)

250%



OTHER INGREDIENTS: Calcium Carbonate, Cellulose Gel, Maltodextrin, Croscarmellose Sodium, Stearic Acid, Magnesium Stearate, Gelatin, Corn Starch.

Dosage:

Suggested Use: Take one tablet daily, with a meal.

Interactions:

Given that no two people are alike, if you are taking any medications you should be aware that potential drug-nutrient interactions may occur and are encouraged to consult a health care professional before using this product. Combining certain prescription drugs and dietary supplements can lead to undesirable effects such as:

- Diminished drug effectiveness
- Reduced supplement effectiveness
- Impaired drug and/or supplement absorption

† These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease.