

Suggested Usage: Take 3 tablets daily with food.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not feed to pets.

Do Not Eat Freshness Packet. Keep in Bottle.

Natural color variation may occur in this product.

Store in a cool, dry place after opening. Please Recycle.



EVE™

Tablets

Superior Women's Multi

- With Cranberry, Alpha Lipoic Acid & CoQ10
- Plus Superfruits - Pomegranate, Acai & Mangosteen

90 Tablets

A Dietary Supplement Vegetarian/Vegan

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 3 Tablets Servings Per Container 30

	Amount Per Serving	%Daily Value
Vitamin A (100% as Beta-Carotene)	10,000 IU	200%
Vitamin C (from Calcium Ascorbate and Ascorbyl Palmitate)	300 mg	500%
Vitamin D (as Ergocalciferol)	1,000 IU	250%
Vitamin E (as d-alpha Tocopheryl Succinate)	200 IU	667%
Vitamin K (as Menaquinone K2 and Phytanadione K1)	80 mcg	100%
Thiamin (Vitamin B-1) (from Thiamin HCl)	25 mg	1667%
Riboflavin (Vitamin B-2)	25 mg	1471%
Niacin (Vitamin B-3) (as Niacinamide and from Inositol Hexanicotinate)	30 mg	150%
Vitamin B-6 (from Pyridoxine HCl and Pyridoxal-5-Phosphate (P-5-P))	25 mg	1250%
Folate (as Folic Acid)	800 mcg	200%
Vitamin B-12 (as Methylcobalamin)	200 mcg	3333%
Biotin	300 mcg	100%
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate)	50 mg	500%
Calcium [from Calcium Carbonate (Aquamin® TG Seaweed Derived Minerals) and Calcium Ascorbate]	250 mg	25%
Iron (from Ferrochel® Ferrous Bisglycinate) (TRAACS®)	18 mg	100%
Iodine (from Potassium Iodide)	150 mcg	100%
Magnesium (from Magnesium Citrate and Aquamin® TG Seaweed Derived Minerals)	100 mg	25%
Zinc (from Zinc Bisglycinate) (TRAACS®)	15 mg	100%
Selenium (from L-Selenomethionine)	200 mcg	286%

Copper (from Copper Bisglycinate) (TRAACS®)	1 mg	50%
Manganese (from Manganese Bisglycinate) (TRAACS®)	2 mg	100%
Chromium (from Chromium Picolinate)	120 mcg	100%
Molybdenum (from Sodium Molybdate)	75 mcg	100%
Potassium (from Potassium Chloride)	25 mg	< 1%
Cranberry (<i>Vaccinium macrocarpon</i>) (Fruit)	100 mg	†
Pomegranate Extract (Fruit)	50 mg	†
Organic Acai (<i>Euterpe oleracea</i>) (Fruit Skin and Pulp)	50 mg	†
Mangosteen Extract (Fruit Peel) (<i>Garcinia mangostana</i>)	50 mg	†
CoQ10 (Coenzyme Q10)	30 mg	†
Alpha Lipoic Acid	30 mg	†
Choline (from Choline Bitartrate)	25 mg	†
Inositol	25 mg	†
Aloe Vera (Leaf) (Concentrate)	25 mg	†
Lycopene (from Natural Tomato Extract)	500 mcg	†
Lutein (from Marigold Flowers)	500 mcg	†

† Daily Value not established.

Other ingredients: Cellulose, Silica, Stearic Acid (vegetable source), Croscarmellose Sodium and Vegetarian Coating. Vitamin E from non-GMO soy.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

U.S. Patent 7,838,042 and patents pending, and the trademark TRAACS® are used under license from Albion Laboratories, Inc.; Ferrochel® is a registered trademark of Albion Laboratories, Inc.; Aquamin® is a registered trademark of Marigot Limited.



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TABLET SIZE