

Nature Made

Stress B-Complex

**KEY B VITAMINS
+ VITAMIN C & ZINC**

DIETARY SUPPLEMENT
75 TABLETS

**Energy
Production
& Immune
System
Support†**

Enter Code for Wellness
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623U-32WJ

B VITAMINS HELP CONVERT FOOD INTO ENERGY - The formula includes Vitamin C for added antioxidant support and Zinc which has an essential role in growth and development and in strengthening the body's natural defense system.

No Artificial Colors • No Artificial Flavors • No Preservatives • No Yeast or Gluten

Supplement Facts

Serving Size 1 tablet

Amount Per Tablet	% Daily Value
Vitamin C 500 mg	833%
Vitamin E 30 IU	100%
Thiamin 10 mg	667%
Riboflavin 10 mg	588%
Niacin 100 mg	500%
Vitamin B6 5 mg	250%
Folic Acid 400 mcg	100%
Vitamin B12 12 mcg	200%
Biotin 45 mcg	15%
Pantothenic Acid 20 mg	100%
Zinc 23.9 mg	59%
Copper 3 mg	50%

Stress B-complex tablets are made to Nature Made's guaranteed purity and potency standards.

†Valid only for U.S. and Puerto Rico residents.
These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE: Take one tablet daily with a meal. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children. Do not use if imprinted seal under cap is broken or missing.

INGREDIENTS: Ascorbic Acid, Cellulose Gel, Nicotinamide, Zinc Sulfate, Croscarmellose Sodium, Calcium Carbonate, d-Alpha Tocopheryl Acetate, Corn Starch, d-Calcium Pantothenate, Hydroxypropyl Methylcellulose, Stearic Acid, Thiamin Mononitrate, Riboflavin, Silicon Dioxide, Pyridoxine Hydrochloride, Copper Dioxide, Magnesium Stearate, Polyethylene Glycol, Folic Acid, Biotin, Cyanocobalamin.

Distributed by:
Nature Made Nutritional Products
Mission Hills, CA 91346-9606, U.S.A.
1-800-276-2878
www.NatureMade.com

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