

SHAKE WELL

VEGETARIAN SAFE

BURIED TREASURE™ Liquid Nutrients

*Gluten, Wheat,
Soy, Yeast & Dairy
FREE*

Coconut MCT OIL

Standardized to 95%



Supplement Facts

Serving Size: 1 tsp. (5 mL)

Servings per Container: 96

	Amount per Serving	% DV*
Calories	30	
Calories from Fat	30	
Total Fat	5 g	8%*
Saturated Fat	5 g	25%*
Total Carbohydrates	0 g	0%*
Sugars	0 g	†
Medium Chain Triglycerides (caprylic acid, capric acid, and lauric acid)	4.75 g	†

* Percentage of Daily Value based on a 2,000 calorie diet. † Daily Value not established.

Contains: Tree Nut (coconut).

Studies reveal that the Medium-chain triglycerides (MCT) like the ones in Coconut Oil (MCT)™ have shown promise in providing nutrition for the brain. Superior nutrition improves cognitive performance. This natural food sourced coconut oil is most beneficial when used as a dietary supplement according to directions and in conjunction with a plant-based diet and active lifestyle.*

DIRECTIONS: Adults take 1 teaspoon up to 3 times daily. May be taken alone or mixed with your favorite beverage. For best results, take before exercise. MCT oil may be used as a substitute for conventional oils in salad dressings, sauces or cooking as a source of beneficial fatty acids. Not recommended for frying due to low boiling point.

This product is wheat, gluten, soy, yeast and dairy free.

CAUTION: Pregnant and nursing women should check dosage with their healthcare professional. Keep out of reach of children.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



**Whole Food Complex • 16 FL OZ (473 ml)
Dietary Supplement**

Keep Out Of Reach Of Children.
For Dietary Supplement Use Only

Manufactured by:

Life Line Foods

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