

PRN

Prenatal Formula

Multiple Vitamin/Mineral/
Trace Element Supplement

90 capsules

 **ProThera®**

Supplement Facts

Serving Size 3 Capsules • Servings Per Container 30

Amount Per 3 Capsules	% Daily Value for Pregnant & Lactating Women	
Vitamin A (80% (4,000 I.U.) as natural carotenes (alpha, beta, beta-cryptoxanthin, zeaxanthin, and lutein) from <i>D. salina</i> and 20% (1,000 I.U.) as vitamin A palmitate)	5,000 I.U.	63%
Vitamin C (as L-ascorbic acid USP)	100 mg	167%
Vitamin D ₃ (as cholecalciferol)	2,000 I.U.	500%
Vitamin E (as d-alpha tocopheryl succinate plus mixed tocopherols d-alpha, d-beta, d-delta, d-gamma) from soy	60 I.U.	200%
Vitamin K (50% as vitamin K ₁ phytonadione and 50% as vitamin K ₂ menaquinone-7)	60 mcg	75%
Thiamine (as thiamine hydrochloride USP)	3.4 mg	200%
Riboflavin USP	4 mg	200%
Niacin (75% as niacinamide USP and 25% as niacin USP)	20 mg	100%
Vitamin B ₆ (50% as pyridoxine hydrochloride USP and 50% as pyridoxal 5'-phosphate)	15 mg	600%
Folate (as Metafolin®** L-5-methyltetrahydrofolate)	800 mcg	100%
Vitamin B ₁₂ (50% as methylcobalamin and 50% as 5-adenosylcobalamin)	500 mcg	6250%

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), cellulose, silicon dioxide, vegetable oil powder, and natural citrus flavor.
**Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.
***Albion® Laboratories

Manufactured by: **ProThera, Inc.** Reno, NV 89521 • 888-488-2488

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. KEEP OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

Amount Per 3 Capsules	% Daily Value for Pregnant & Lactating Women	
Biotin USP	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate USP)	10 mg	100%
Calcium (as calcium citrate-malate)	100 mg	8%
Iron (as Ferrochel® ferrous bisglycinate chelate***)	27 mg	150%
Iodine (from kelp)	150 mcg	100%
Magnesium (as magnesium bisglycinate chelate***)	125 mg	28%
Zinc (as zinc bisglycinate chelate***)	15 mg	100%
Selenium (as selenium amino acid complex)	50 mcg	*
Copper (as copper bisglycinate chelate***)	0.5 mg	25%
Chromium (as chromium nicotinate glycinate chelate***)	75 mcg	*
Molybdenum (as molybdenum glycinate chelate***)	10 mcg	*
Choline (as phosphatidylcholine)	150 mg	*

*Daily Value not established.

Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat/gluten, corn, yeast, and soybeans. Contains no artificial colors, flavors, or preservatives.

Suggested Use: 3 capsules daily with food.

Do not use if full-bottle shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light.

This product was made in a GMP and ISO 9001:2008 registered facility.

