

VCW

# VitaTab® Chewable

Multiple Vitamin/Mineral/  
Trace Element Supplement

60 tablets

 **ProThera®**

## Supplement Facts

Serving Size 2 Chewable Tablets • Servings Per Container 30

| Amount Per 2 Chewable Tablets                                                                                                                                                 |            | % Daily Value |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|---------------|
| Calories                                                                                                                                                                      | 10         |               |
| Total Carbohydrates                                                                                                                                                           | 3 g        | 1%†           |
| Sugars                                                                                                                                                                        | 3 g        | *             |
| Vitamin A (56% (2,500 I.U.) as natural carotenes (alpha, beta, beta-cryptoxanthin, zeaxanthin, and lutein) from <i>D. salina</i> and 44% (2,000 I.U.) as vitamin A palmitate) | 4,500 I.U. | 90%           |
| Vitamin C (as L-ascorbic acid)                                                                                                                                                | 180 mg     | 300%          |
| Vitamin D <sub>3</sub> (as cholecalciferol)                                                                                                                                   | 1,000 I.U. | 250%          |
| Vitamin E (as d-alpha tocopheryl succinate plus mixed tocopherols d-alpha, d-beta, d-delta, d-gamma) from soy                                                                 | 90 I.U.    | 300%          |
| Vitamin K <sub>1</sub> (as phytonadione)                                                                                                                                      | 80 mcg     | 100%          |
| Thiamine (as thiamine mononitrate)                                                                                                                                            | 3 mg       | 200%          |
| Riboflavin                                                                                                                                                                    | 3.4 mg     | 200%          |
| Niacin (as niacinamide)                                                                                                                                                       | 20 mg      | 100%          |
| Vitamin B <sub>6</sub> (as pyridoxine hydrochloride)                                                                                                                          | 4 mg       | 200%          |
| Folate (as Metafolin*** L-5-methyltetrahydrofolate)                                                                                                                           | 400 mcg    | 100%          |
| Vitamin B <sub>12</sub> (50% as methylcobalamin and 50% as 5-adenosylcobalamin)                                                                                               | 12 mcg     | 200%          |

Other ingredients: Fructose, dextrates, vegetable stearine, silicon dioxide, stearic acid, natural cherry flavor, natural orange flavor, maltodextrin, citric acid, magnesium stearate, and licorice extract.

\*\*Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany  
\*\*\*Albion® Laboratories

Manufactured by:  
**ProThera, Inc.**  
Reno, NV 89521 • 888-488-2488

 METAFOLIN®



| Amount Per 2 Chewable Tablets                          |         | % Daily Value |
|--------------------------------------------------------|---------|---------------|
| Biotin USP                                             | 300 mcg | 100%          |
| Pantothenic Acid (as d-calcium pantothenate USP)       | 20 mg   | 200%          |
| Calcium (as calcium citrate)                           | 100 mg  | 10%           |
| Iron (as carbonyl iron)                                | 4 mg    | 22%           |
| Iodine (from potassium iodide and kelp)                | 150 mcg | 100%          |
| Magnesium (as magnesium citrate-ascorbate complex)     | 100 mg  | 25%           |
| Zinc (as zinc bisglycinate chelate***)                 | 5 mg    | 33%           |
| Selenium (as selenium amino acid complex)              | 70 mcg  | 100%          |
| Copper (as copper gluconate)                           | 0.5 mg  | 25%           |
| Manganese (as manganese bisglycinate chelate***)       | 2 mg    | 100%          |
| Chromium (as chromium nicotinate glycinate chelate***) | 120 mcg | 100%          |
| Molybdenum (as molybdenum glycinate chelate***)        | 75 mcg  | 100%          |
| Boron (as boron aspartate-citrate)                     | 1 mg    | *             |
| Vanadium (as bisglycinato oxovanadium)                 | 50 mcg  | *             |
| Choline (as choline bitartrate)                        | 5 mg    | *             |

†Percent Daily Values are based on a 2,000 calorie diet.  
\*Daily Value not established.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. **KEEP OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately.

**Suggested Use:** Children age 4 and over: Chew 2 tablets per day with meals.  
Adults: Chew 2 tablets, once or twice per day with meals.

Do not use if full-bottle shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light.

This product was made in a GMP and ISO 9001:2008 registered facility.

Free of the following: common allergens: milk/casein, eggs, fish, tree nuts, peanuts, wheat, soy, yeast, and soybeans. Contains no artificial colors, flavors, or preservatives.