

**Directions:** Take 1 tablet daily as a dietary supplement or as directed by a healthcare professional.

**KEEP OUT OF REACH OF CHILDREN.**  
Protect from heat, light and moisture.  
Store in a cool, dry place.

**MADE IN THE U.S.A.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**NO** SUGAR, STARCH, YEAST, WHEAT, MILK, SOY,  
ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES

**FOODS PLUS.**

*Since 1962*

# Biotin

## 1000 mcg

PRESERVATIVE FREE  
NON GMO  
GLUTEN-FREE

essential B vitamin

healthier hair, skin & nails†

DIETARY SUPPLEMENT

60  
TABLETS

### Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Biotin	1,000 mcg	3,333%

**Other Ingredients:** Calcium carbonate, microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, silica and pharmaceutical glaze.

Distributed by: Foods Plus®

10 Henderson Drive, West Caldwell, New Jersey 07006