

ANTI-SURGERY
WEIGHT MANAGEMENT



GastrobiPlex®

[GASTRIC FILLING ADJUNCT SHAKE]

- 20 GRAMS OF PROTEIN
- 22 VITAMINS & MINERALS
- MODCARB® BLEND WITH CHIA & QUINOA

DIETARY SUPPLEMENT
NET WT. 24 OZ. / 680 G

SCIENTIFICALLY FORMULATED - CLINICALLY TESTED
SATIETY SHAKE TRIGGERS RELEASE OF [CCK]
HELPING YOU FEEL FULL SOONER AND LONGER*



DUTCH CHOCOLATE

- NO STIMULANTS • NO HORMONES • 100% NATURAL

trUDERMA.

GastrobiPlex® Shake is an all natural dietary supplement that makes weight management easier by helping you feel full sooner and longer. That feeling of "satiety" makes it easier to stick to your diet's meal plan by minimizing feelings of hunger during and after meals. You will simply eat less!

GastrobiPlex® Shake has been specially formulated to have an incredibly delicious taste, while being low in calories. GastrobiPlex® Shake will not stimulate metabolism or cause jitters, bloating, or other side effects commonly associated with other weight management products.

Directions: Combine one (1) scoop of GastrobiPlex® Shake with 8 oz. of cold water, skim milk, almond milk, or juice of your choice. Mix thoroughly in a blender or shaker cup, add ice or fruit if using a blender for a more filling shake.

Enjoy one shake before major meals, or as a meal replacement if extra weight loss is desired. Limit intake to no more than two shakes per day.

GastrobiPlex® is a delicious nutrient-supplementing addition to your favorite smoothie recipe. Just blend and enjoy. Take one or more servings daily for optimal health. For delicious smoothie ideas, visit truderma.com/recipes

Supplement Facts

Serving Size: 1 Scoop (Approx. 34g)

Servings Per Container: 20

Calories	Amount Per Serving	% DV*
Calories from Fat	120	
Total Fat	2.5 g	4%
Saturated Fat	1.9 g	5%
Cholesterol	45 mg	15%
Total Carbohydrate	6 g	2%
Sugar	2 g	12%
Dietary Fiber	3 g	6%
Protein	20 g	40%
Vitamin A (as palmitate)	2500 IU	50%
Vitamin C (as ascorbic acid)	180 mg	300%
Vitamin D (as D3 cholecalciferol)	1000 IU	250%
Vitamin E (as dl-alpha-tocopheryl succinate)	15 IU	50%
Thiamin (as Thiamine HCl)	40 mg	50%
Niacin (as nicotinic acid)	1.5 mg	100%
Vitamin B6 (as pyridoxine HCl)	1.3 mg	76%
Folate (as folic acid)	5 mg	25%
Vitamin B12 (as methylcobalamin)	2 mg	100%
Calcium (naturally occurring)	400 mg	100%
Iron (as ferrous gluconate chelate, naturally occurring)	50 mg	833%
Phosphorus (naturally occurring)	90 mg	30%
Iodine (from kelp)	114 mg	11%
Magnesium (as magnesium oxide, naturally occurring)	6 mg	33%
Manganese (as amino acid chelate)	119 mg	12%
Sodium (as chloride, naturally occurring)	300 mg	200%
Potassium (naturally occurring)	115 mg	29%
ModCarb® (organic: oat, amaranth, buckwheat, chia, millet, quinoa)	2 mg	100%
Myo-inositol (naturally occurring)	30 mg	40%
Myo-inositol (naturally occurring)	170 mg	7%
Myo-inositol (naturally occurring)	90 mg	3%
Myo-inositol (naturally occurring)	500 mg	**
Myo-inositol (naturally occurring)	40 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

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Do not use if seal is broken. Keep out of reach of children. Store in a cool, dry place.

Other Ingredients: Fit Complete™ Protein Blend (whey protein concentrate, pea protein isolate, rice protein concentrate), Mycobiotic 5 Mushroom Blend (Agaricus blazei, Grifola frondosa, Volvularia conopsea, Ganoderma lucidum, Lentinula edodes), soluble corn fiber, cocoa, natural flavor, crystalline fructose, xanthan gum, guar gum, sucralose, and acesulfame potassium.

Contains: Milk, Soy

Free of: Eggs, Peanuts, Tree Nuts, Shellfish, Yeast, Preservatives, Titanium Dioxide, Artificial Colors and Flavors.

ModCarb™ is a trademark of VDF FutureCeuticals, Inc.



*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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