HIGH STRENGTH

Omega 3 500mg

Helps to support heart, brain, joints, skin and immune health



Product Information

Fish oil fatty acids eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) are thought to work together within the body to offer beneficial health-related properties.

Ingredients - Each Capsule Contains:

Omega 3 Fish Oil 500mg providing: Eicosapentaenoic Acid (EPA) 90mg, Docosahexaenoic Acid (DHA) 60mg, Vitamin E (dl-alpha-Tocopheryl Acetate) 8.6mg (72% RDA). Other Ingredients: Gelatin, Glycerine, Purified Water.

Suggested Daily Intake

Take two to four capsules daily as a food supplement or as directed by a healthcare professional.

Important Information

If you are taking any prescription medication, you have a medical condition or you have specific concerns about the suitability of our products, always consult your GP or Pharmacist prior to taking supplements. Do not exceed stated dose. Store in a cool dry place. Keep away from children at all times. Do not use if seal is broken. Pregnant or lactating women should consult a Doctor before using this product. Allergy Advice: Contains ingredients derived from Fish and Beef. Image is for illustration purposes only. Food supplement: This product should not be used as a substitute for a varied diet.

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