



Directions: Take 2 capsules, one time daily, with a meal.

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

Amount Per Serving		%DV
Vitamin A	10,000 IU	200%
(as Natural Beta-carotene from D.Salina)		
Vitamin C	250 mg	417%
(from Calcium Ascorbate)		
Vitamin E	200 IU	667%
(from d-Alpha Tocopheryl Succinate)		
Niacin (Niacinamide)	40 mg	200%
Calcium (from Calcium Ascorbate)	28 mg	3%
Zinc (from Zinc: Malate, Citrate,	25 mg	167%
Fumarate, Succinate, a-Ketoglutarate)		
Selenium	125 mcg	179%
(from L-Selenomethionine)		
Copper (from Copper: Citrate,	2 mg	100%
Milate, Fumarate, Succinate, a-Ketoglutarate)		
Spirulina	300 mg	*
(from Arthrospira Platensis)		
Flavonoid Extract	200 mg	*
from Rose Hips (fruit), Tumeric (root), Bilberry (berry), Hawthorn (berry), Grape (skin), Milk Thistle (seed)		
Calendula Powder (flower)	50 mg	*
Artichoke 4:1 Extract	50 mg	*
(Cynara scolymus) (leaf)		

*Daily Value not established.

Other Ingredients: Gelatin, Silica, Dibasic Calcium Phosphate, Sucrose, Ethyl Cellulose, Hypromellose, Soybean Oil, Magnesium Stearate.