Suggested Usage: Take 1 capsule daily at bedtime on an empty stomach.

Cartilage is one of the primary connective tissues of the body. providing flexibility and support to joints. Undenatured Type II Collagen is the principal structural protein in cartilage that is responsible for its tensile strength and toughness.* Derived from chicken sternum cartilage, UC-II® is a patented form of Undenatured (native) Type II Collagen that works with the immune system to support healthy joints.* Human clinical studies have found that just one 40 mg capsule of UC-II® per day can help to promote joint comfort, as well as healthy joint function and flexibility.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Do Not Eat Freshness Packet. Keep in Bottle. Natural color variation may occur in this product. Aquamin® is a registered trademark of

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Marigot Limited.





Joint Health*

- · With Undenatured Type II Collagen
- · Promotes Healthy Joint Comfort and Function*



60 Veg Capsules A Dietary Supplement



General Health

Supplement Facts

Serving Size 1 Veg Capsule

Pe	r Serving	Valu
Calcium (from Aquamin® TG)	80 mg	6
UC-II® Standardized Chicken Cartilage** (Providing 10 mg Total Collagen, including Undenatured Type II Collagen	40 mg	†
Aquamin® TG (Seaweed Derived Minerals)	250 mg	†

† Daily Value not established.

**UC-II® brand collagen with undenatured type II collagen

