

NEW!

Fiber Choice®

PREBIOTIC FIBER SUPPLEMENT

Fruity Bites

Great-tasting Fiber Rich Gummies

100% NATURAL FIBER

Nurtures Digestive Health*

90 GUMMIES

Assorted Natural Flavors

L2363

Fiber Choice®

Fruity Bites

Fiber Rich Gummies

- Natural Colors
- Natural Flavors

AGE	SERVING SIZE
13 yrs. to adult	2 gummies (3g fiber) up to 6 per day
Children (6-12 yrs.)	1 gummy (1.5g fiber) up to 3 per day
Children under 6 yrs.	Consult your doctor

Supplement Facts

Serving Size: 2 pcs. Servings Per Cont.: 45

	Amount per Serving	% DV**
Calories	10	†
Total Carbohydrate	5 g	2%
Sugars	1 g	†
Dietary Fiber	3 g	12%

** Percent daily value based on a 2,000 calorie diet.

† Daily value not established.

Ingredients: Inulin (a natural vegetable fiber), Sugar, Water, Pectin, Citric Acid, Sodium Citrate, Natural Flavors (Blue Raspberry, Cherry, Pear), Natural Colors (Black Carrot, Annatto, Genipap Juice Concentrate), Watermelon Juice Concentrate, Vegetable Oil, Carnauba Wax

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Why is Fiber an Important Part of a Healthy Diet?

Dietary fiber is an important part of your overall good health.* In addition to helping maintain regularity,* soluble fiber like that found in FiberChoice® Fruity Bites can also help:

- **PROMOTE** good digestive health*
- **CONTROL** and maintain a healthy weight*
- **SUPPORT** colon health*
- **MAINTAIN** your immune system to keep you healthy*

Fiber Choice®

FiberChoice® The Smart Choice™ FiberChoice® products are the best supplement choice to close that daily fiber gap easily and naturally. One serving of two Fruity Bites (**no water required**) contains 3 grams of great-tasting **INULIN** – a 100% natural dietary fiber source found in fruits and vegetables.

Directions: Adults: Chew 2 gummies per day (no water required). Children 6-12: take 1 gummy per day. Children under 6: consult a doctor.

Warnings: Take only as directed. Do not exceed suggested dosage. If you have a medical condition, are on medication or are pregnant or nursing, please seek the advice of a qualified health care professional before using. If minor gas or bloating occurs, reduce daily serving.

Keep out of reach of children.

■ Store at room temperature 68°-77°F

■ **Tamper Evident:** This product has a seal under cap. Do not use if broken or missing.

■ See bottle for lot number and expiration date.

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* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THEY ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.