



Wheatgrass is quickly gaining popularity as researchers are revealing more health benefits that one can obtain from wheatgrass juice. Wheatgrass is fast becoming one of the most widely used superfoods.

Wheatgrass juice is often called "Liquid Sunshine" because of its very high content of chlorophyll. Chlorophyll is the green pigment that harnesses the sun's energy. Wheat Grass is the young grass of the wheat plant and is harvested early when its nutrient contents are at their peak. By taking wheat grass daily, one may feel renewed health as well as an overall sense of well-being[†]

MOST COMMON WHEATGRASS BENEFITS:

- Excellent source of vitamins C and K
- Enzyme active

| Supplement Facts Serving Size: 2 Tablespoons (30 mL) (1 fl. oz.) / Servings Per Container: 32 | | |
|---|--------------------|--------------|
| | Amount Per Serving | %Dally Value |
| Organic Wheat Grass Juice Powder | 600 mg | * |
| Ginger Root (from 10 mg of 5:1 extract) | 50 mg | * |
| * Daily value not established. | <i>2</i> . | |

Other ingredients: Purified water, glycerin, natural flavors, citric acid, potassium sorbate (to preserve freshness), xanthan gum, sodium benzoate (to preserve freshness), chlorophyll (for color) and rebaudioside A.

Directions: Take 2 tablespoons (1 fl. oz) directly or mix with 6 fl. oz. of cold water once daily as a dietary supplement. For best results, refrigerate after opening.

- Store in a cool, dry place.
- Protect from heat, light and moisture.
- Do not use if inner seal is broken.

