

Adult Suggested Use: 1/4 tsp. in water
1-3 times daily or 1/4 tsp. 1/2 hour before
bedtime. **If you are pregnant, nursing,
have a medical condition, or are taking a
prescription, consult your health care
provider before using this product.

These statements have not been evaluated
by the FDA. This product is not intended to
diagnose, treat, cure or prevent any disease.

SAMPLE LABEL ONLY

Manufactured and Distributed by:
Mountain Meadow Herbs, Inc.
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Mountain Meadow Herbs®

Stress & Sleep

Relaxation Support

4 fluid oz

Herbal Dietary Supplement

Supplement Facts

Serving Size 1/4 tsp.

Servings per Container 90

Per Serving % DV

Proprietary Blend

of Extracts 1.23 ml

Passionflower leaf †

Eleuthero root †

Hops flower †

St. John's Wort herb †

Catnip leaf & flower †

Skullcap herb †

† Daily Value (DV) not
established

Other Ingredients: vegetable
glycerine, distilled water and
approx. 5% grain alcohol.

SHAKE WELL.

KEEP OUT OF REACH OF CHILDREN