



Enfamil Expecta[®]

Prenatal DIETARY SUPPLEMENT

Helps Support Your Baby's Brain Development*
with **CHOLINE** & has **DHA**

Non-fish Source of **DHA**
Mercury Free

Provides 100% DV of Folic Acid

30 MULTIVITAMIN & MINERAL TABLETS • 30 DHA SOFTGELS

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SOFTGEL

Supplement Facts

Serving Size: 1 softgel

Amount Per Serving	% Daily Value
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Calories 5

Total Fat 0.5 g 1%*

DHA (docosahexaenoic acid from Schizochytrium sp. oil) 200 mg 1

*Percent Daily Values are based on a 2,000 Calorie Diet
*Daily Value not established

OTHER INGREDIENTS: GELATIN, GLYCERIN, HIGH OLEIC SUNFLOWER OIL, WATER, LEMON OIL, SOY LECITHIN, ROSEMARY EXTRACT, COLORS (CARMINE AND TURMERIC), ASCORBYL PALMITATE (ANTI-OXIDANT), AND MIXED NATURAL TOCOPHEROLS (ANTIOXIDANT).

distributed by:
MEAD JOHNSON & COMPANY, LLC
EVANSVILLE, IN 47721 U.S.A.
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Made in Canada

If you have a question, we are
here for you: 1-888-4EXPECTA

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MULTIVITAMIN & MINERAL TABLET

Supplement Facts

Serving Size: 1 tablet

Amount Per Serving	% Daily Value for Pregnant/Lactating Women	
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Vitamin A (50% as Beta-Carotene,
50% Vitamin A Acetate) 4000 IU 50%

Vitamin C (as Ascorbic Acid) 60 mg 100%

Vitamin D (as D₃ Cholecalciferol) 600 IU 150%

Vitamin E (as Vitamin E Acetate) 30 IU 100%

Thiamin (as Thiamin Mononitrate) 1.7 mg 100%

Riboflavin 2 mg 100%

Niacin (as Niacinamide) 20 mg 100%

Vitamin B₆
(as Pyridoxine Hydrochloride) 2.5 mg 100%

Folic Acid 800 mcg 100%

Vitamin B₁₂ 8 mcg 100%

Biotin 300 mcg 100%

Pantothenic Acid
(as Calcium Pantothenate) 10 mg 100%

Calcium (as Calcium Carbonate) 300 mg 23%

Iron (as Ferrous Fumarate) 28 mg 156%

Iodine (as Potassium Iodide) 150 mcg 100%

Magnesium (as Magnesium Oxide) 50 mg 11%

Zinc (as Zinc Oxide) 15 mg 100%

Copper (as Cupric Sulfate) 2 mg 100%

Choline (as Choline Bitartrate) 55 mg *

*Daily Value not established

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, PARTIALLY HYDROLYZED POLYVINYL ALCOHOL, TITANIUM DIOXIDE, POLYETHYLENE GLYCOL, MAGNESIUM STEARATE, HYDROXYPROPYL METHYLCELLULOSE, CROSCARMELLOSE SODIUM, FISH GELATIN (VITAMIN E EMULSIFIER DERIVED FROM COD, POLLACK, HADDOCK, HAKE, CUSK, REDFISH, SOLE & FLOUNDER), MONO & DIGLYCERIDES, TALC, BEEF GELATIN, ETHYL CELLULOSE, YELLOW 6 LAKE, ANTI-OXIDANTS (SODIUM ASCORBATE, DL-ALPHA-TOCOPHEROL, CITRIC ACID), BHT (A PRESERVATIVE). MAY CONTAIN SHRIMP.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately.

CHILD RESISTANT CAP

DIRECTIONS: Take one softgel and one tablet daily with a meal. Swallow whole with water. For adults only. Consult your doctor before taking any supplement.

Store these products at room temperature in a dry place. Keep tightly closed. Protect from excessive heat or freezing. Do not use if safety seal bearing "SEALED FOR YOUR PROTECTION" underneath cap is torn or missing.



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