

B.E.S.T. PROCESS
Alka-Line Supplements



Alka
Cleanse

Natural Internal
Cleansing System

Colon Cleansing and Normalizing

Dietary Supplement

180 Capsules

Nutrition Facts

Serving Size: 1 capsule Servings per container: 180

	Amount/Serving
Calories	1.5
Calories from Fat	.02
Total Fat	.007 g
Saturated Fat	.004 g
Cholesterol	.001 mg
Total Carbohydrates	.231 g
Sodium	.211 mg
Protein	.118 g
Vitamin A	26.0 IU
Vitamin C	.144 mg
Calcium	.458 mg
Iron	.02 mg
Phosphorus	.485 mg
Magnesium	.081 mg
Potassium	2.133 mg



Contains no yeast, salt, sugar, starch, dairy, wheat, corn or chemicals. Product has been sealed for your protection. Do not use if seal on cap is broken. Store in a cool dry place. Keep out of reach of children.

INGREDIENTS: Psyllium, Lactobacilli complex, *Akkadophilus*®, *Bifidus* and *Rhamnosus* (1/4 billion Lactobacilli organisms per 6 caps), Herbal Complex: Barley Grass, Alfalfa, Pau d'Arco, Aloe Vera, Cascara Extract, Black Walnut Extract, Cloves, Bayberry, Fenugreek, Watercress, and Rosemary; Bile Salts, Pancreas Concentrate.

To support optimal colon function, Alka-Cleanse[®] contains the highest quality Psyllium, which for most people is the most gentle, yet effective, stress-free colon cleanser known. Alka-Cleanse[®] also provides Lactobacilli that are of key importance for colon health, plus Chlorophyll and enzyme rich Alfalfa and Barley Grass. This formula contains herbs and glandulars conducive to optimal colon function.

Directions: Initial Cleansing Program: Take 10 capsules daily the first 3 days with a large glass of water. (Capsules are small and easy to swallow.) Follow by taking 10 capsules once or twice daily, as directed by your physician, for the next 18 days.

Follow-up Cleansing Program: After completing the Initial Cleansing Program, as maintenance take 10 capsules (with a large glass of water) one day a month for the next six months; or more often as needed, or as directed by your physician.

For best results, take on an empty stomach.