



1. Open the lid



2. Spray into your mouth



3. Get ready to relax*

NEW Instaviv™ Sweet Dreams is a melatonin based oral spray dietary supplement that has been physician formulated. It is designed to promote a natural sleep cycle and a soothing night's sleep.*

Recommended Use: Occasional sleeplessness including that caused by jet lag and shift work.* Spray 1-2 sprays into your mouth. Shake before use.

- Shake prior to use
- Keep out of direct heat and sunlight
- Do not use if seal is broken
- Keep out of reach of children

Supplement Facts

Serving Size: 2 sprays (approx. 0.25 mL)
Servings Per Container: 28

	Amount Per Serving
Melatonin	0.8 mg*

*Daily value not established.

Other Ingredients: Purified Water, Xylitol, Glycerin, Natural Flavors, Propylene Glycol, Citric Acid, Potassium Sorbate (Preservative), Sodium Benzoate (Preservative), Xanthan Gum, Modified Acacia Gum and Chamomile Flower.

Cautions and Warnings: Do NOT exceed more than 4 sprays in 24 hours. DO NOT consume continuously for more than 2 months. DO NOT exceed recommended daily dose. Based on available studies and clinical use, melatonin is generally regarded as safe in recommended doses for short-term use. Melatonin may decrease your alertness if used in the daytime. DO NOT operate machinery or a vehicle within 5 hours of use. Individuals under medical supervision, with autoimmune conditions, depressive disorders or pregnant/lactating women should consult their physician or healthcare professional prior to use. **DO NOT USE IF UNDER THE AGE OF 18.**

*These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Made in the USA



instaviv



NEED SLEEP?

ORAL SLEEP SPRAY SUPPLEMENT
WITH MELATONIN & CHAMOMILE
Pear Flavor

instaviv

SPRAY YOUR WAY WITH...

SWEET DREAMS



Great tasting



Dr Formulated



No pills to swallow

SLEEP AID
SUPPLEMENT WITH
MELATONIN &
CHAMOMILE

7mL / 0.24 FL OZ



28 Doses