

FRUIT PUNCH

HOW TO USE KARBOLYN®

SUGGESTED USE FOR INDIVIDUALS

As a dietary supplement, mix 1 scoop in a shaker cup with 16 Oz of water and drink 30 minutes before exercise.

USAGE GUIDELINES FOR INTENSE TRAINING OR ATHLETIC EVENTS

BEFORE TRAINING - Drink 1 serving 30 minutes before exercise.

DURING TRAINING - Sip on 1 serving during exercise.

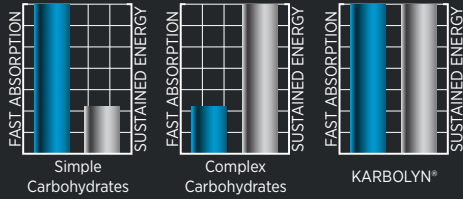
AFTER TRAINING - Drink 1 serving after exercise.

WHAT IS THIS “PERFORMANCE CARBOHYDRATE” KARBOLYN®?

Karbolyndr represents the dawn of a new era of carbohydrate supplementation. Derived from potato, rice and corn, this fast-acting, long-lasting, high-performance compound offers the best of both simple and complex carbohydrates.*

Simple carbohydrates have the ability to enter the bloodstream quickly. However, they can also stimulate a strong “spike” and subsequent “crash” due to a rapid rise and fall of insulin levels. This may be good for a quick burst of energy but not for sustained endurance.

Complex carbohydrates do provide sustained endurance. But, they are slow to digest, and can leave you feeling bloated and lethargic.*



KARBOLYN® DELIVERS THE BEST OF BOTH WORLDS

Karbolyndr is absorbed into the bloodstream like a simple sugar but without the typical crash caused when your muscles run out of fuel. It has also been shown to be absorbed as quickly as pure Dextrose (a simple carbohydrate). Yet, it still provides sustained energy without “crashing”.*

DON'T TAKE OUR WORD FOR IT...WHAT DOES THE STUDY SAY?

The Clinical Study sought to document whether or not Karbolyndr has a positive and sustainable impact on blood sugar levels in normal adults during aerobic activity. Data obtained from participants indicated that a simple sugar promoted a steep drop and subsequent “crash” at a predictable point in time. Karbolyndr gave an overall smoother decline in blood glucose level.*

Karbolyndr Study Data - Re: IRB No : 29443/I; KL-001 - Study: July 2014–March 2015



Keep out of the reach of children. Protect from heat, light and moisture. Store at 59-86°F (15-30°C).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



PERFORMANCE CARB*
KARBOLYN
FUEL
DIETARY SUPPLEMENT



ENERGY*



ENDURANCE*



RECOVERY*

FRUIT PUNCH

NET WT 35.3 OZ (2 LB 3.3 OZ) 1000g

Supplement Facts

Serving Size 53.5 g (One Scoop)
Servings Per Container 18

	Amount Per Serving	% Daily Value
Calories	200	
Calories from fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Cholesterol	0 mg	0%
Sodium	0 mg	0%
Total Carbohydrates	50 g	16.7%**
Dietary Fiber	0 g	0%
Sugars	0 g	†
Protein	0 g	0%
Karbolyndr®	50 g	†
(homopolysaccharide derived from potato, rice and corn)		

**Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: Citric Acid, Natural & Artificial Fruit Punch Flavors, Sucralose, and FD&C Red #40.



Karbolyndr is a patent-pending product and registered trademark of All American Pharmaceutical.



Manufactured for and distributed by:
EFX Sports®
San Jose, CA 95124

Questions about this product?
Please call us at (888) 238-1864

EFXSPORTS.COM

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