



Store away from heat & light
Keep Out of the Reach of Children

Add 1 full squeeze of the dropper bulb to 2 oz. of water or juice, 2 to 5 times per day. Best taken between meals.

SHAKE WELL BEFORE USING

SUGGESTED USE

CRAMP BARK

SYSTEM RESTORATION

Musculoskeletal*



HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

013

Cramp Bark Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 168

Amount Per Serving

% DV

Cramp Bark bark

†

(*Viburnum opulus*) Ⓢ extract 657 mg Ⓢ

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (52-62%), distilled water & certified organic vegetable glycerin.

Non-GMO & Gluten-Free

Ⓢ Sustainably Wildcrafted

Ⓢ Extraction rate 140 mg herb per 0.7 ml.

Dry herb / menstruum ratio: 1 : 5

We prepare our Cramp Bark Extract from the bark of *Viburnum opulus* trees which are **sustainably wildcrafted** in their natural habitat.

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.