MuscLean differs from traditional weight gainers with a specific "muscle-targeted" approach to weight gain by rapidly increasing lean muscle mass while boosting metabolism providing a faster and more efficient way to add desired lean muscle.[1]

Dedicated to manufacturing high quality nutritional supplements, backed by scientific research and formulated by a medical doctor, Metabolic Nutrition® is the first to introduce a revolutionary lean "muscle" weight gainer designed with high protein, healthy essential fats and only lean muscle as the goal. This is a Lean Muscle Gainer of its kind in the marketplace. We introduce to you MuscLean - acclaimed by physicians, athletes and consumers alike. MuscLean's ground breaking formula stimulates lean muscle gain by positively optimizing your body's good hormones' (growth hormone & insulin) response to key macro+micro nutrients while eliminating the effects of catabolic bad hormones (cortisol).[1]

In scientific terms, the secret lies within the uniquely formulated composition and structure of MuscLean, which differentiates it from all the other typical high-carbohydrate/ sugar weight gainers.

- **MuscLean's** exceptional engineering process preserves the essential protein-peptide structure to improve its potency and effectiveness by encapsulating the protein with the most powerful and healthy essential fatty acids (rich in Omega 3,6,9 Fatty Acids) which are critical to preserving, stimulating and building lean muscle.[1]
- Additionally, **MuscLean's** protein molecules are coated with B specifically chosen digestive enzymes which dramatically increase digestion and enhance absorption, thereby eliminating gastric distress and bloating that is common with standard weight gainers.[1]

To further enhance your results, **MuscLean** is fortified with 24 essential vitamins and minerals fueling additional muscle building, stress recovery, and immune boosting ingredients to enhance overall health and wellness.[1]

MuscLean is scientifically engineered for those looking to maximize their health and performance with an uncompromising demand for superior quality.

CAUTION: Do not exceed recommended dose. Not intended for use by persons under the age of 18, those with a medical condition, or those with a history of kidney disease. Do not use if pregnant or lactating. If you are under the care of a physician, please consult your physician before using this product. Do not use if tamper-resistant seal is broken. KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AND AVOID EXCESSIVE HEAT.

140203A

@MetabolicNutrition

@MetabolicNutrition

@MetaNutrition

Manufactured for & Distributed by
Metabolic Nutrition® Torrance, CA
For More Information
1.800.609.1039
www.MetabolicNutrition.com

MADE IN USA

Elite™ to Elite®

Allergen Warning: Manufactured in a plant that also processes egg, yes, peanut, tree nut, fish, crustaceans/ shellfish, and wheat products.

Persons with mild to severe food allergies should be protected from your doctor prior to consuming this product. Product contains whey and milk proteins.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MuscLean

LEAN MUSCLE WEIGHT GAINER®

physician formulated

- Superior Muscle Building Formula[1] – Formulated For "Hard Gainers"
- Builds Lean Muscle & Accelerates Metabolism[1]
- Perfect for Keto Dieting[1], Pre-Contest Prep & Re-feed Cycles
- Satisfies Hunger and Food Cravings[1] with Delicious Milkshake Flavor
- Low Carbohydrates, Low Sugar, Low Glycemic Index
- Zero Lactose, Zero Aspartame, Zero Trans Fat, Gluten Free

Metabolic NUTRITION

Vanilla Milkshake

25 SERVINGS

HIGH PROTEIN

LOW CARB

NET WT. 2.5LB
DIETARY SUPPLEMENT

MuscLean is changing the game on traditional weight gainers. Metabolic Nutrition recognizes that lists of "weight" that you want to gain. Rather, you desire to develop lean, hard muscle, all the while, minimizing the accumulation of fat. While traditional weight gainers simply pack on the calories with simply carbohydrate/ sugar. **MuscLean** takes a holistic approach to the goal of lean muscle gain by providing a unique nutrient blend designed to optimize lean muscle mass, maximize gain muscle weight, improve metabolic functioning, increase strength, while minimizing body fat with a clean calorically dense formula that has very little carbohydrates.[1] **MuscLean** stimulates muscle development greater than any other weight gainer[1], making it a critical must have supplement for all consumers who are looking to preserve or maximize their lean muscle mass.

Directions and Use:

MAINTENANCE
1 part of the muscle maintenance solution, add 1 – 2 scoops of **MuscLean** to 8-12oz of cold water and shake or mix. For maximum results consume **MuscLean** once daily as a part of your healthy diet and training regimen.

WEIGHT-LIFTING
As a part of a weight-lifting or strength and conditioning routine, add 2-3 scoops of **MuscLean** to 12-16oz of cold water and shake or mix. For maximum results consume **MuscLean** 30 minutes before daily, immediately following exercise and late evening before bedtime.

WEIGHT GAINER
As part of a weight gainer or bodybuilding program, add 3 scoops of **MuscLean** to 16oz, of cold water and shake or mix. For maximum results consume **MuscLean** 2-3 times a day in between regular meals. 3 tbsp servings per day will deliver over 180 grams of healthy, clean protein and all the nutrients you need to build solid muscle.

Nutritional Facts

CHOOSE YOUR GOAL

Serving size:	MAINTENANCE 1 Scoop (46 g)		WEIGHT-LIFTING 2 Scoops (92 g)		WEIGHT GAINER 3 Scoops (138 g)	
Servings per container	25		12½		8	
Amount Per Serving		**% Daily Value**		**% Daily Value**		**% Daily Value**
Calories (kcal)	215		426		639	
Calories (from fat)	117		234		351	
Total Fat	13 g	20%	26 g	40%	39 g	60%
Saturated Fat	0 g		0 g		0 g	
Trans Fat	0 g		0 g		0 g	
Cholesterol	28 mg	9%	56 mg	19%	84 mg	28%
Sodium	34 mg	1%	68 mg	2%	102 mg	3%
Potassium	150 mg	4%	300 mg	9%	450 mg	12%
Total Carbohydrates	6 g	2%	12 g	4%	18 g	6%
Fiber	3 g	12%	6 g	24%	9 g	36%
Sugar	1 g		2 g		3 g	
Protein	21 g	42%	42 g	84%	63 g	126%
VITAMINS & MINERALS PROFILE PER SCOOP						
Vitamin A	20%	Molybdenum	35%	Vitamin B6	35%	
Vitamin B-6	35%	Pantothenic Acid	35%	Iodine	35%	
Biotin	35%	Riboflavin	35%	Vitamin K	35%	
Chromium	35%	Thiamin	35%	Manganese	35%	
Vitamin D	35%	Vitamin B-12	35%	Niacin	35%	
Folic Acid	35%	Vitamin C	35%	Phosphorus	35%	
Iron	35%	Vitamin E	35%	Selenium	35%	
Magnesium	35%	Copper	35%	Zinc	35%	
AMINO ACIDS PROFILE PER SCOOP						
Alanine	1,024 mg	Proline	1,058 mg		1,208 mg	
Aspartic Acid	2,258 mg	Threonine	1,523 mg	Lysine	2,011 mg	
Cystine	3,098 mg	Tryptophan	368 mg	Phenylalanine	893 mg	
Histidine	473 mg	Arginine	446 mg	Serine	958 mg	
Leucine	2,313 mg	Cysteine	473 mg	Tyrosine	446 mg	
Methionine	368mg	Glycine	368 mg	Valine	1,208 mg	

Ingredients: A proprietary blend of Ultra Re-mineralized exceptionally hi-absorption whey protein isolate and whey protein concentrate, Micronized Cocoa Powder, Natural Flavors, Sunflower Lecithin, Xanthan Gum, Sea Salt, Stevia Leaf Extract, Proprietary Digestive Enzyme Blend (B1, Chy, Bromi, Bromi Bromelin, Ficin, Papain, Papain Pepsin, Pepsin, Pepsin Gastric Fully Acid, DDS Omega 3,6,9 Fatty Complex (containing healthy fats from Sunflower Oil, Medium Chain Triglycerides, Flaxseed Oil, Safflower Oil, Sesame Oil, Olive Oil, Rice Bran Oil, Fish Oil, Borage Oil, Black Currant Oil, Evening Primrose Oil), Sunflower Lecithin, Lactase, Sucrose, Natural Flavors, Potassium Chloride, Sucralose, Vitamins (Vitamin A Palmitate, Vitamin D3, Vitamin E Acetate, Vitamin K2, Thiamin Mononitrate, Riboflavin, Niacinamide, Vitamin B6 Hydrochloride, Folic Acid, Biotin, D-Calcium Pantothenate, Vitamin B12), Minerals (Sodium Molybdate, Potassium Iodide, Chromium Chloride, Sodium Selenate, Cupric Sulfate, Manganese Sulfate, Magnesium Oxide, Potassium Phosphate, Potassium Citrate, Sodium Citrate, Sodium Chloride, Ferrous Fumarate, Zinc Oxide), Amino Acids (L-Alanine, L-Aspartic Acid, L-Arginine, L-Cystine, L-Glutamine, L-Glycine, L-Histidine, L-Isoleucine, L-Leucine, L-Lysine, L-Methionine, L-Phenylalanine, L-Proline, L-Serine, L-Threonine, L-Tryptophan, L-Tyrosine, L-Valine, L-Taurine, L-Carnitine, L-Tartrate, Glycine, Glutamine, Taurine, Choline Bitartrate, Inositol, Beta Carotene, Biotin, D-Calcium Pantothenate, Folic Acid, Niacinamide, Pyridoxine HCl, Riboflavin, Thiamine HCl, Vitamin A Palmitate, Vitamin B12, Vitamin C, Vitamin D3, Vitamin E, Vitamin K2, Boron, Chromium, Copper, Iodine, Iron, Magnesium, Manganese, Molybdenum, Phosphorus, Potassium, Selenium, Sodium, Vanadium, Zinc, Lactase, Xanthan Gum, Gum Arabic, Natural and Artificial Flavors, Sucralose. **Approximate Average**

©2020 Metabolic Nutrition