

Suggested Usage: Take 1 capsule daily with a meal.

Zinc is essential to the normal function of many organs and systems within the body including the skeletal, immune, neurological, and endocrine systems.* Zinc is a necessary mineral co-factor for hundreds of enzymatic reactions related to protein and carbohydrate metabolism, RNA/DNA synthesis, and intercellular signaling.* It is also known to play a critical role in the body's defense against oxidative processes and is especially helpful for maintenance of healthy aging.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. This product is not intended for long term use; use only as directed. Do not use if pregnant or nursing. Consult physician if taking medication or have a medical condition. Keep out of reach of children.

CAPSULE SIZE

CODE 1552B V5



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Zinc Picolinate

50 mg

Immune Support*

Supports Enzyme Functions*

120 Veg Capsules



A Dietary Supplement Vegetarian/Vegan



Minerals

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Zinc (from Zinc Picolinate)	50 mg	455%

Other ingredients: Rice Flour, Cellulose (capsule) and Magnesium Stearate (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Please Recycle.

