

Suggested Usage: Take 4 capsules daily with food.

Aquamin® is a mineral blend derived from red algae harvested off the coasts of Ireland and Iceland. Aquamin® is an excellent vegetarian source of bioavailable Calcium and Magnesium with over 70 additional important trace minerals.* Research indicates that this multi-mineral complex may support proper bone mineralization and helps to regulate key factors involved in the normal immune system response to typical joint usage.* Clinical studies demonstrate that Aquamin® can help to support joint comfort and mobility.* A vegetarian-friendly Vitamin D-2 is added to this formula to further support bone health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet. Keep in Bottle.

Natural color variation may occur in this product.

CAPSULE SIZE

CODE 1538B v7



7 33739 01538 9



Red Mineral Algae

Vegetarian Calcium

Joint Health*

- Calcium, Magnesium and Trace Minerals derived from Red Marine Algae
- Plus Vegetarian Vitamin D-2



180 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Minerals

Family owned since 1968.

Supplement Facts

Serving Size 4 Veg Capsules Servings Per Container 45

	Amount Per Serving	% Daily Value
Vitamin D ₂ (as Ergocalciferol)	25 mcg (1,000 IU)	125%
Calcium (from Aquamin® TG)	1 g (1,000 mg)	77%
Magnesium (from Aquamin® TG)	80 mg	19%
Aquamin® TG (Seaweed Derived Minerals) (<i>Lithothamnion spp.</i>) (Whole Plant)	3.5 g (3,500 mg)	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Aquamin® is a registered trademark of Marigot Limited.

Store in a cool, dry place after opening.

Please Recycle.

