

Suggested Usage: Take 1 tablet daily with a meal.

Zinc is essential to the normal function of many organs and systems within the body including the skeletal, immune, neurological, and endocrine systems.* Zinc is a necessary mineral co-factor for hundreds of enzymatic reactions related to protein and carbohydrate metabolism, RNA/DNA synthesis, and intercellular signaling.* It is also known to play a critical role in the body's defense against oxidative processes and is especially helpful for maintenance of healthy aging.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. This product is not intended for long term use; use only as directed. Do not use if pregnant or nursing. Consult physician if taking medication or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

CODE 1522 V7

TABLET
SIZE



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Zinc

50 mg

Immune Support*

Supports Enzyme Functions*

250 Tablets

A Dietary Supplement Vegetarian/Vegan



Minerals

Family owned since 1968.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Zinc (from Zinc Gluconate)	50 mg	455%

Other ingredients: Cellulose, Magnesium Stearate (vegetable source), Silica and Vegetarian Coating.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

