

HIGH STRENGTH

Psyllium Husk 750mg

An easy way to add fibre to the diet

**120 Capsules**

Suggested Daily Intake: Take two to three capsules daily as a food supplement or as directed by a healthcare professional.

Nutritional Information

Each capsule contains:	Per Capsule	%NRV*
Psyllium Husk (Plantago ovata)	750mg	-

*NRV = Nutrient Reference Value

Ingredients: Psyllium Husk (Plantago Ovata), Capsule Shell (Hydroxypropyl Methylcellulose), Colour (Titanium Dioxide E171).

Important Information

If you are taking any prescription medication, you have a medical condition or you have specific concerns about the suitability of our products, always consult your GP or Pharmacist prior to taking supplements. Do not exceed stated dose. Store in a cool dry place. Keep away from children at all times. Do not use if seal is broken. Pregnant or lactating women should consult a Doctor before using this product. Suitable for Vegetarians. Image is for illustration purposes only. Food supplement: This product should not be used as a substitute for a varied diet.



✓ Easy to Swallow ✓ Easy to Absorb ✓ Easy to Digest
✓ No Product Odour ✓ No Bad Taste

Product Information

Psyllium husks are a source of soluble fibre which may help to promote easy and regular bowel movements. At 750mg, this is the perfect supplement to top up your dietary supply of fibre.

Same Day Despatch

We will ensure your order is despatched on the day of receipt (when placed before 12.30pm) and that all orders placed after 12.30pm are despatched on the next working day. All sent 1st class!

PriceMatch Guarantee!

If you buy from us and then see the same product cheaper elsewhere we will refund the difference plus 10%!

www.simplysupplements.co.uk

Simply Supplements PO Box 1330, Peterborough, PE2 2EW

Freephone Orderline: **0800 988 0292**

Customer Care Line: **0845 863 0622**

