Suggested Usage: Take 1 tablet 1 to 3 times daily. For best results, take 30 - 60 minutes before meals.

Garcinia cambogia is a plant native to SE Asia that has been used for centuries by traditional herbalists. Garcinia's primary bioactive constituent, Hydroxycitric Acid (HCA), has been extensively studied for its effects on citrate lyase, which is the main enzyme responsible for the cellular synthesis of fatty acids. Scientific studies indicate that in the presence of HCA, cells produce fewer fatty acids from carbohydrates.* NOW® Garcinia is standardized to 50% HCA and tested to guarantee 500 mg HCA per tablet.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication [especially anti-depressants such as serotonin reuptake inhibitors (SSRIs)], or have a medical condition.
Keep out of reach of children.

Natural color variation may occur in this product.

Do Not Eat Freshness Packet.
Keep in Bottle.

TABLET SIZE

CODE 1435 V4

7 33739 01435 1

NOW®

Garcinia

1000 mg

Healthy Metabolism*

- Standardized Extract
- 50% HCA

Non-GMO

120 Tablets

A Dietary Supplement Vegetarian/Vegan K

Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Calcium (from *Garcinia cambogia* Extract)	180 mg	14%
Garcinia cambogia Extract (Fruit) [min. 50% Hydroxycitric Acid (HCA)	1 g (1,000 mg) (500 mg)]	†

† Daily Value not established.

Other ingredients: Cellulose, Silica, Magnesium Stearate (vegetable source) and Vegetarian Coating.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomingdale, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

QUALITY GMP ASSURED