Manufactured by: **Douglas Laboratories** 600 Boyce Road Pittsburgh, PA 15205 USA www.douglaslabs.com 1 800 245 4440

This product contains NO yeast, gluten, soy protein, milk/dairy, corn, starch, artificial coloring, preservatives or flavoring.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

This product contains Vitamin K. which intereferes with prescription blood-thinning drugs Coumadin and Warfarin. Do not take this product before consulting with your healthcare provider.

Suggested Usage: As a dietary supplement, adults take 6 tablets daily with food or as directed by your healthcare professional.

For optimal storage conditions, store in a cool, dry place, (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use

## Basic Preventive 3

(Plus Iron)

A Dietary Supplement



180 Tablets

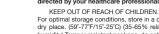
## **Supplement Facts**

Serving Size 6 tablets . Servings Per Container 30

Amount Per Serving	%DV	
Vitamin A25,000 IU	500%	
(40% as Vitamin A Acetate and		
60% [15,000 IU] as natural beta carotene)		
Vitamin C	2,000%	
(as calcium ascorbate and magnesium/potas:	sium	
aspartate-ascorbate/ascorbic acid complex)		
Vitamin D3100 IÚ	25%	
Vitamin E (as d-alpha		
tocopheryl succinate)400 IU	1,333%	
Vitamin K1 (as phytonadione) 60 mcg	75%	
Thiamine (as thiamine mononitrate) 100 mg	6,667%	
Riboflavin 50 mg	2,941%	
Niacin (as niacinamide and niacin) 200 mg	1,000%	
Vitamin B6 50 mg	2,500%	
(as pyridoxine hydrochloride)		
Folic acid 800 mcg	200%	
Vitamin B12 (as cyanocobalamin		
on ion exchange resin) 100 mcg	1,667%	
Biotin 300 mcg	100%	
Pantothenic acid400 mg	4,000%	
(as d-calcium pantothenate)		
Calcium (as calcium citrate		
and calcium ascorbate) 500 mg		
Iron (as Ferronyl® iron carbonyl) 20 mg	111%	
lodine (from kelp)150 mcg	100%	

Amount Per Serving	%₽
Magnesium	
Zinc (as zinc amino acid chelate) 20 mg	133
Selenium	
Copper	
Manganese	1,000
Chromium	
Molybdenum	200
Potassium	3
Choline (as choline bitartrate) 150 mg	
Inositol	
Vanadium (as vanadyl sulfate) 39 mcg	
Boron (as boron aspartate-citrate) 2 mg	
para-Aminobenzoic acid 50 mg	
Citrus bioflavonoids complex 100 mg	

Other ingredients: Cellulose, croscarmellose sodium, vegetable stearate, silica, water, titanium dioxide, dextrose, magnesium silicate, calcium carbonate, glycerin and beet root.



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Formula #201385