



## Supplement Facts

Serving Size 1 level scoop

Servings Per Container 30

|                                                                                                                    | Amount Per Serving | %DV*  |
|--------------------------------------------------------------------------------------------------------------------|--------------------|-------|
| Calories                                                                                                           | 20                 |       |
| Total Carbohydrates                                                                                                | 5g                 | 2%    |
| Sugars                                                                                                             | 2g                 | †     |
| Vitamin C (as ascorbic acid)                                                                                       | 120mg              | 200%  |
| Thiamine (as thiamine HCL)                                                                                         | 1.5mg              | 100%  |
| Riboflavin                                                                                                         | 3.4mg              | 200%  |
| Niacin (as niacinamide)                                                                                            | 20mg               | 100%  |
| Vitamin B6 (as pyridoxine HCL)                                                                                     | 2mg                | 100%  |
| Vitamin B12 (as cyanocobalamin)                                                                                    | 240mcg             | 4000% |
| Pantothenic Acid (as d-calcium pantothenate)                                                                       | 10mg               | 100%  |
| Magnesium (as magnesium citrate)                                                                                   | 20mg               | 5%    |
| Chromium (as chromium polynicotinate)                                                                              | 30mcg              | 25%   |
| <b>E-Energy Complex™</b><br>(L-Glutamine, L-Tyrosine, L-Leucine,<br>L-Taurine, Malic Acid, L-Isoleucine, L-Valine) | 2,350mg            | †     |
| Natural Caffeine                                                                                                   | 110mg              | †     |
| D-Ribose                                                                                                           | 100mg              | †     |
| N-Acetyl L-Carnitine HCl                                                                                           | 10mg               | †     |
| Choline (as Choline bitartrate)                                                                                    | 300mcg             | †     |
| Coenzyme Q10                                                                                                       | 100mcg             | †     |
| L-Glutathione                                                                                                      | 50mcg              | †     |

\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established

**Other Ingredients:** Glucose polymers, glucose, fructose, natural flavors, acacia gum, citric acid, stevia extract, silica, xanthan gum, natural sweetener.

Description

Nutritional Info

Recommended Use



Add one level scoop or one packet drink mix to 8 fl. oz. of water, shake or stir thoroughly, and drink immediately. May be used up to three times per day. Consume on an empty stomach 30-45 minutes before physical activity or when needed for mental performance.\*

Shake well before use. Keep out of reach of children.

**Caution:** Do not take if you are under 18, pregnant or nursing, sensitive to caffeine, or have a preexisting heart condition. Contains 110mg of caffeine per serving. Do not exceed 3 servings a day. Drink adequate fluids to avoid dehydration. Do not consume while drinking alcohol. Consult your healthcare provider prior to use if you have or suspect a medical condition or are taking prescription medications. Excess consumption of caffeine may cause anxiety, restlessness, or insomnia.

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