

CODE 210511
Directions: As a dietary supplement, take the contents of one pack daily with food.
Each pack contains:
Ultra Mega® Green Men's Multivitamin

Supplement Facts

Serving Size Two Light Green Caplets

Amount Per Serving	% Daily Value
Vitamin A	5000 IU 100%
Vitamin C	60 mg 100%
Vitamin D	1000 IU 250%
Vitamin E	30 IU 100%
Vitamin K	80 mcg 100%
Thiamin (Vitamin B-1)	5 mg 333%
Riboflavin (Vitamin B-2)	5 mg 294%
Niacin	25 mg 125%
Vitamin B-6	25 mg 1250%
Folic Acid	400 mcg 100%
Vitamin B-12	150 mcg 2500%
Biotin	300 mcg 100%
Pantothenic Acid	25 mg 250%
Calcium	50 mg 5%
Iodine	150 mcg 100%
Magnesium	25 mg 6%
Zinc	20 mg 133%
Selenium	200 mcg 286%
Copper	2 mg 100%
Manganese	2 mg 100%
Chromium	120 mcg 100%
Molybdenum	75 mcg 100%

Fruit & Vegetable Antioxidant Blend	100 mg	*
Spectra™ Total ORAC Blend of: Green Coffee Extract, Broccoli Sprout Powder, Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Extract, Quercetin, Tomato Powder, Broccoli Powder, Acai Fruit Powder, Turmeric Root Extract, Garlic Powder, Basil Leaf Powder, Oregano Leaf Powder, Cinnamon Bark Powder, Elderberry Fruit Powder, Carrot Powder, Mangosteen Fruit Powder, Black Currant Fruit Extract, Blueberry Fruit Extract, Sweet Cherry Fruit Powder, Blackberry Fruit Powder, Chokeberry Fruit Powder, Raspberry Fruit Powder, Spinach Leaf Powder, Kale Leaf Powder, Bilberry Fruit Extract, Brussels Sprout Powder		
Lutemax® 2020 Lutein	2 mg	*
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg	*
Men's Health Blend	21 mg	*
Yohimbe Bark Extract (<i>Pausinystalia yohimbe</i>)(8% Yohimbine Alkaloids= 0.8 mg), Fenugreek Seed Powder (<i>Trigonella foenum-graecum</i>), Lycopene (from Tomato)		

Amount Per Serving	% Daily Value	
Digestive Health & Comfort Blend	20 mg	*
Ginger Root Extract (<i>Zingiber officinale</i>) (5% Gingerols = 0.50 mg), Cellulase, Papain, Bromelain		
* Daily Value not established.		

Other Ingredients: Cellulose, Niacinamide†, Ascorbic Acid†, Calcium Carbonate, Zinc Oxide†, d-alpha Tocopherol, Selenium Yeast, d-Calcium Pantothenate†, Magnesium Oxide, Calcium Ascorbate, Stearic Acid Vegetable Source, Dicalcium Phosphate, Pyridoxine Hydrochloride, Silicon Dioxide, Copper Sulfate†, Manganese Sulfate†, Calcium d-Pantothenate, beta-Carotene, Methylcobalamin, Magnesium Stearate Vegetable Source, Zinc Oxide, Riboflavin†, Ergocalciferol, Pyridoxine Hydrochloride†, Vitamin A Palmitate†, Thiamin Hydrochloride†, Niacinamide, Phytanadione, Phytanadione†, Magnesium HPC†, Folic Acid†, Potassium Iodide, Thiamin Hydrochloride, Chromium Chloride, Riboflavin, Biotin, Biotin†, Sodium Selenate†, Copper Sulfate, Chromium Chloride†, Folic Acid, Sodium Molybdate†, Molybdenum HPC†, Cyanocobalamin†, Titanium Dioxide (Natural Mineral Whitener), Chlorophyll.

†Contains Cultured Sources of Vitamins and Minerals (Cultured on Rice Protein, Yeast, Molasses, Papain, Bromelain, Gum Arabic and Maltodextrin)

†HPC (Hydrolyzed Protein Chelate)

Conforms to USP <2091> for weight.

ACTUAL SIZE

Men's Circulatory Support & Vitality

Supplement Facts

Serving Size One Capsule

Amount Per Serving	
MegaNatural®-BP™ Grape Seed Extract (<i>Vitis vinifera</i>) (85% Polyphenols = 255 mg)	300 mg
* Daily Value not established.	

Other Ingredients: Cellulose, Vegetable Cellulose Capsule, Stearic Acid Vegetable Source, Silicon Dioxide, Magnesium Stearate Vegetable Source.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

BRG

Vegetable Omega Complex

Supplement Facts

Serving Size One Yellow Softgel Capsule

Amount Per Serving	% Daily Value
Calories	5
Calories from Fat	5
Total Fat	0.5 g 1%†
Total Omega-3	400 mg
EPA (Eicosapentaenoic Acid)(Omega-3) and DHA (Docosahexaenoic Acid)(Omega-3)	100 mg
ALA (alpha-Linolenic Acid)(Omega-3)	290 mg
Other Omega-3s	10 mg
GLA (gamma-Linolenic Acid)(Omega-6)	11 mg

† Percent Daily Value based on a 2,000 calorie diet.

* Daily Value not established.

Other Ingredients: Flax Seed Oil, Algal Oil, Evening Primrose Oil, Modified Food Starch, Carrageenan, Glycerin, Sorbitol.

ACTUAL SIZE

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

WARNING: Use only as directed. Do not exceed recommended daily intake. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.
No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Soy, No Dairy.

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find you a replacement product that is right for you.

Prostate Support

Supplement Facts

Serving Size One Dark Green Capsule

Amount Per Serving	
Lycopene (from Tomato)	5 mg
* Daily Value not established.	

Other Ingredients: Cellulose, Vegetable Cellulose Capsule, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Silicon Dioxide, Chlorophyll.

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE



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SUPERFOODS

ULTRA MEGA® GREEN Men's

DIETARY SUPPLEMENT

WHOLE FOOD ENHANCED VITAPAK® PROGRAM

*Provides heart, antioxidant, prostate and circulation support**



GLUTEN FREE



VEGETARIAN FORMULA



NON GMO



CLINICALLY RESEARCHED



30 PACKS



ULTRA MEGA® GREEN

Whole Food Enhanced Vitapak® Program

Made with cultured vitamins and minerals, clinically researched ingredients and fruits and vegetables.



MEN'S HEALTH

Contains essential vitamins and minerals for overall health, including Vitamin D, which may play a role in supporting colon health.*



HEART HEALTH

Supports heart health and cardiovascular function and includes vegetarian EPA and DHA omega-3 fatty acids.*



ANTIOXIDANTS

Features antioxidants from a clinically researched fruit and vegetable blend, and clinically researched Lutemax® lutein, to defend against cell aging.*



PROSTATE HEALTH

Includes lycopene, found in tomatoes, to support prostate health.*



CIRCULATION

Has clinically researched grape seed extract to support circulatory and heart health.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.