MuscLean differs from traditional weight gainers with a specific "muscle-targeted" approach to weight gain by rapidly increasing lean muscle mass while boosting metabolism providing a faster and more efficient way to add desired lean muscle.†

Dedicated to manufacturing high quality nutritional supplements, backed by scientific research and formulated by a medical doctor, Metabolic Nutrition® is the first to introduce a revolutionary lean "muscle" weight gainer designed with high protein, healthy essential fats and the right balance of fast and slow digesting carbs. Meet Gainer of its kind in the marketplace. We introduce to you MuscLean - acclaimed by physicians, athletes and consumers alike. MuscLean's ground breaking formula stimulates lean muscle gain by positively optimizing your body's good hormones' (growth hormone & insulin) response to key macro+micro nutrients while eliminating the effects of catabolic bad hormones (cortisol).†

In scientific terms, the secret lies within the uniquely formulated composition and structure of MuscLean, which differentiates it from all the other typical high-carbohydrate/ sugar weight gainers.

- **MuscLean's** exceptional engineering process preserves the essential protein-peptide structure to improve its potency and effectiveness by encapsulating the protein with 2 of the most powerful and healthy essential fatty acids (rich in Omega 3,6,9 Fatty Acids) which are critical to preserving, stimulating and building lean muscle.†
- Additionally, **MuscLean's** protein molecules are coated with B specifically chosen digestive enzymes which dramatically increase digestion and enhance absorption, thereby eliminating gastric distress and bloating that is common with standard weight gainers.†

To further enhance your results, **MuscLean** is fortified with 24 essential vitamins and minerals fueling additional muscle building, stress recovery, and immune boosting ingredients to enhance overall health and wellness.†

MuscLean is scientifically engineered for those looking to maximize their health and performance with an uncompromising demand for superior quality.

CAUTION: Do not exceed recommended dose. Not intended for use by persons under the age of 18, those with a medical condition, or those with a history of kidney disease. Do not use if pregnant or lactating. If you are under the care of a physician, please consult your physician before using this product. Do not use if tamper-resistant seal is broken. KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AND AVOID EXCESSIVE HEAT.

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Manufactured for & Distributed by
Metabolic Nutrition® Torrance, TX
For More Information
1.800.609.1039
www.metabolicnutrition.com

MADE IN USA

Eliminate Waste

Allergen Warning: Manufactured in a plant that also processes egg, yes, peanut, tree nut, fish, crustaceans/ shellfish, and wheat products.

Persons with mild to severe food allergies should get protection from your doctor prior to consuming this product. Product contains whey and milk proteins.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MuscLean

LEAN MUSCLE WEIGHT GAINER®

physician formulated

Peanut Butter Milkshake

Metabolic NUTRITION

25 SERVINGS

HIGH PROTEIN

LOW SUGAR

NET WT. 2.5LB

DIETARY SUPPLEMENT

- Superior Muscle Building Formula† – Formulated For "Hard Gainers"
- Builds Lean Muscle & Accelerates Metabolism†
- Perfect for Keto Dieting†, Pre-Contest Prep & Re-feed Cycles
- Satisfies Hunger and Food Cravings† with Delicious Milkshake Flavor
- Low Carbohydrates, Low Sugar, Low Glycemic Index
- Zero Lactose, Zero Aspartame, Zero Trans Fat, Gluten Free

MuscLean is changing the game on traditional weight gainers. Metabolic Nutrition recognizes that lists of "weight" that you want to gain. Rather, you desire to develop lean, hard muscle, all the while, minimizing the accumulation of fat. While traditional weight gainers simply pack on the calories with simply carbohydrate/ sugar. **MuscLean** takes a holistic approach to weight gain. Our formula is engineered with the right nutritional tools to help you increase lean muscle mass, gain muscle weight, improve metabolic functioning, increase strength, while minimizing body fat with a clean calorically dense formula that has very little carbohydrates.† **MuscLean** stimulates muscle development greater than any other weight gainer†, making it a critical must have supplement to all consumers who are looking to preserve or maximize their lean muscle mass.

Directions and Use:

MAINTENANCE

As part of a muscle maintenance solution, add 1 – 2 scoops of **MuscLean** to 8-12oz of cold water and shake or mix. For maximum results consume **MuscLean** once daily as a part of your healthy diet and training regimen.

WEIGHT-LIFTING

As a part of a weight-lifting or strength and conditioning routine, add 2-3 scoops of **MuscLean** to 12-16oz of cold water and shake or mix. For maximum results consume **MuscLean** twice daily, immediately following exercise and late evening before bedtime.

WEIGHT GAINER

As part of a weight gainer or bodybuilding program, add 3 scoops of **MuscLean** to 16oz, of cold water and shake or mix. For maximum results consume **MuscLean** 2-3 times a day in between regular meals. 3 tbsp servings per day will deliver over 180 grams of healthy, clean protein and all the nutrients you need to build solid muscle.

Nutritional Facts

CHOOSE YOUR GOAL

	MAINTENANCE		WEIGHT LIFTING		WEIGHT GAINER	
Serving size:	1 Scoop (40 g)		2 Scoops (80 g)		3 Scoops (120 g)	
Servings per container:	25		12		8	
Amount Per Serving	**% Daily Value**		**% Daily Value**		**% Daily Value**	
Calories (kcal)	224		448		672	
Calories (from fat)	136		272		408	
Total Fat	14 g	22%	28 g	43%	42 g	65%
Saturated Fat	0 g		0 g		0 g	
Trans Fat	0 g		0 g		0 g	
Cholesterol	37 mg	12%	74 mg	25%	111 mg	37%
Sodium	20 mg	1%	90 mg	3.5%	90 mg	4%
Potassium	150 mg	4%	300 mg	9%	450 mg	12%
Total Carbohydrates	6 g	2%	12 g	4%	18 g	6%
Fiber	4.5 g	18%	9 g	36%	13.5 g	54%
Sugars	1.5g	*	3 g	*	4.5 g	*
Protein	20 g	40%	40 g	80%	60 g	120%

VITAMINS & MINERALS PROFILE PER SCOOP

Vitamin A	30%	Molybdenum	30%	Iodine	30%
Vitamin B-6	30%	Pantothenic Acid	30%	Iodine	30%
Biotin	30%	Niacin	30%	Vitamin K	30%
Chromium	30%	Thiamin	30%	Manganese	30%
Vitamin D	30%	Vitamin B-12	30%	Niacin	30%
Folic Acid	30%	Vitamin C	30%	Phosphorus	30%
Iron	30%	Vitamin E	30%	Selenium	30%
Magnesium	30%	Copper	30%	Zinc	30%

AMINO ACIDS PROFILE PER SCOOP

Alanine	1,172 mg	Proline	1,003 mg	Valine	1,323 mg
Aspartic Acid	2,473 mg	Threonine	1,668 mg	Lysine	2,214 mg
Cysteine	3,693 mg	Tryptophan	358 mg	Phenylalanine	1,146 mg
Histidine	518 mg	Arginine	421 mg	Serine	1,693 mg
Leucine	2,520 mg	Glycine	458 mg	Tyrosine	488 mg
Methionine	421 mg	Glutamine	493 mg	Valine	1,323 mg

Ingredients: A proprietary blend of Ultra Bio-microfiltered enzymatically hydrolyzed whey protein isolate and whey protein concentrate (Whey Protein Isolate, Whey Protein Concentrate, Lecithin, Enzymes), Whey Protein Isolate, Whey Protein Concentrate, Whey Protein Isolate, Whey Protein Concentrate, Whey Protein Isolate, Whey Protein Concentrate,