



PRO ISO

- DECREASE FAT%
- MICRO-FILTERED
- 24 GRAMS - PROTEIN
- INCREASE LEAN MASS
- SUPERIOR TASTE
- LOW CARBS

VANILLA

DIETARY SUPPLEMENT NET WT. 2 LBS (870 GRAMS)



Supplement Facts

Serving Size 1 Scoop (29g)
Servings Per Container About 30

Amount Per Serving	% Daily Value*
Calories 130	
Calories from Fat 15	
Total Fat 3g	6%
Cholesterol 30mg	10%
Total Carbohydrate 3g	2%
Sugars 3g	†
Protein 24g	44%
Vitamin A 65IU	1%
Vitamin C 900mcg	1%
Vitamin D 5IU	1%
Calcium 195mg	20%
Iron 800mcg	4%
Phosphorus 150mg	15%
Magnesium 18mg	5%
Sodium 80mg	3%
Potassium 240mg	7%

Proprietary Protein Matrix 26g
(Microfiltered Whey Protein Isolate, Whey Protein Concentrate,
Whey Peptides, Sweet Whey, Skim Milk.)

* Percent Daily Values are based on a 2000 calorie diet.
† Daily Value not established.

Other Ingredients: Non-Dairy Creamer, Natural and
Artificial Flavors, Xanthan Gum and Sucralose. Contains
Milk and Soy (Lactin) Ingredients.

Allergen Information: This product was manufactured on
equipment that processes products that may contain milk,
soy, peanuts, and wheat.

Typical Amino Acid Profile Per Serving (1 Scoop) mg/g

Alanine	891.4
Arginine	900.0
Aspartic Acid	1720.0
Cysteine/Cystine	380.0
Glutamic acid	2814.3
Glycine	457.1
Histidine*	420.0
Isoleucine*/	914.3
Leucine*/	1840.0
Lysine*	1648.6
Methionine*	348.6
Phenylalanine*	708.6
Proline	1077.1
Taurine	0
Serine	1097.1
Threonine*	622.9
Tryptophan*	328.6
Tyrosine	622.9
Valine*/	1022.9

Essential Amino Acids
/ BCAAs

RECOMMENDED USE AND MIXING INSTRUCTIONS:

- As a dietary supplement.
- Add one level scoop to 8oz of water, non-fat milk, juice or your
- Favorite beverage.
- You can use more or less liquid to meet your desired taste.
- Best used with a healthy diet and exercise program.

