SUGGESTED USE: 3 tablets daily preferably with meals or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF REACH OF CHILDREN. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

Distributed by:

Earth Science Tech, Inc.

Boca Raton, Florida USA (A publicly traded company, symbol: ETST) www.earthsciencetech.com

305.615.2118

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Supplement Facts

Serving Size 3 Tablets

Amount Per Serving	%Daily Value	
Vitamin C (ascorbic acid)	500 mg	8339
Vitamin B-1 (thiamine HCI)	75 mg	5000%
Vitamin B-2 (riboflavin)	75 mg	44129
Niacinamide	50 mg	250%
Vitamin B-6 (pyridoxine HCI)	75 mg	3750%
Folic Acid	100 mcg	25%
Vitamin B-12 (cyanocobalamin)	60 mcg	1000%
Biotin	60 mcg	20%
Pantothenic Acid (calcium panto.)	50 mg	500%
Calcium (dicalcium phosphate)	600 mg	60%
Magnesium (oxide)	300 mg	75%
Choline Bitartrate	50 mg	•
Inositol	50 mg	
PABA (para-Aminobenzoic acid)	50 mg	
Hops Flower (4:1 extract)	75 mg	•
Chamomile Flower (4:1 extract)	75 mg	
Valerian Root (4:1 extract)	75 mg	•
Passion Herb & Flower (4:1 extract)	75 mg	

Other Ingredients: Microcrystalline Cellulose, Vegetable Stearic Acid, Croscarmellose Sodium, Vegetable Magnesium Stereate, Silicon Dioxide, Vanilla bean, and Clear Film Coat (HPMC and PEG)



