

SUGGESTED USE: 1 capsule taken 1 to 2 times daily preferably with meals or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. St. John's Wort may contribute to photosensitivity resulting in skin irritation and redness in persons exposed to strong sunlight or tanning booths. Avoid use in patients at risk of bleeding, taking anticoagulants or with clotting disorders, based on case reports of bleeding. Discontinue use 2-3 weeks prior to some surgical and dental procedures due to increased risk of bleeding. Use cautiously in patients with history of seizure based on reports of seizure due to Ginkgo seed ingestion. Avoid using in couples who are trying to conceive, based on theoretical reduction of fertility. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF REACH OF CHILDREN. Do not use if safety seal is damaged or missing. Store in a cool, dry place.



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Brain

performance

Dietary Supplement • 30 Caps

Supplement Facts

Serving Size 1 Capsule
Servings Per Container: 30

Amount Per Serving

Ginkgo Biloba (as 24% extract)(leaf)	50mg	*
Phosphatidylserine 4% Complex (consisting of Lecithin and Phosphatidylserine)	125mg	*
N-Acetyl-L Carnitine HCl	50mg	*
St. John's Wort (as .3% extract) (flower heads)	250mg	*
L-Glutamine	150mg	*
Dimethylaminoethanol Bitartrate	50mg	*
Bacopa Monniera leaf extract (20% bacosides)	100mg	*
Vinpocetine (seeds)	2mg	*
Huperzine-A (aerial plant)	10mcg	*

*Daily Value not established.

Other Ingredients: Gelatine (bovine), Vegetable Magnesium Stearate, Microcrystalline Cellulose, and Silicon Dioxide.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

