

For more information:

1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition
Corporation
Pittsburgh, PA 152220
48107 06461
7

VALERIAN ROOT

HERBAL SUPPLEMENT



Promotes Restful Sleep*

Standardized Extract • 500 mg

50  Vegetarian CAPSULES

CODE 195311**EKG**

Directions: As a dietary supplement, take one to two capsules before bedtime.

Supplement Facts

Serving Size One Capsule

Amount Per Serving

Valerian Root Extract (<i>Valerian officinalis</i>) (0.8% Valerenic Acids = 4mg)	500 mg*
---	---------

* Daily Value not established.

Other Ingredients: Vegetable Cellulose Capsule.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Sugar, No Artificial Colors, No Artificial Flavors, Sodium Free, No Wheat, No Gluten, No Soy, No Dairy, Yeast Free.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

Lot No./Best By: