

DO NOT USE IF SAFETY SEAL IS BROKEN.
 Omega-3 PLUS contains omega-3 fatty acids to support heart health
 and brain function.
 This statement has not been evaluated by the Food and Drug Administration.
 This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS (adults): Take 2 softgels daily.

RECOMMENDATIONS: This product is intended to supplement a healthy diet.
 When beginning any diet or dietary supplement regimen, always consult with
 your healthcare provider.

WARNING: KEEP OUT OF REACH OF CHILDREN. This product is not intended for
 use by pregnant or breastfeeding women. If you are taking medication or have a
 known medical condition, talk with your physician or pharmacist before use.
 Store in tightly closed container in a cool, dry place.

LOT: 56260A EXP: 2015-08

Distributed by: Ideal Protein of America Inc.
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 Product of Canada

Questions or comments?
 1-888-214-4447 (Mon-Fri 9-4 EST)
www.idealprotein.com



Omega-3 Plus Dietary Supplement

60 softgels

Supplement Facts

Serving Size 2 softgels
 Servings Per Container 30

Amount Per Serving	% Daily Value
Calories 20	
Calories from Fat 20	
Total Fat 2 g	3%*
Polyunsaturated Fat 1.5 g	**
Cholesterol less than 5 mg	< 1%*
Omega-3 fatty acids (from fish and krill oils) 1530 mg	**
Eicosapentaenoic acid (EPA) 1020 mg	**
Docosahexaenoic acid (DHA) 510 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
 ** Daily Value not established

Other ingredients: Gelatin, glycerin, water, natural flavor, carob,
 caramel color, mixed tocopherols, ascorbyl palmitate, rosemary
 oleoresin extract.
**Contains fish (anchovy, sardines, mackerel and tuna) and
 crustacean (krill).**