



## ~ Red Desert® Clay ~

~ THE CLAY OF CHOICE for adults, children and pets ~

Red Desert clay is a premium calcium montmorillonite excellent for internal detoxification and for remineralizing the body and bones. Most of the Red Desert clay particles are between 2 and 3 microns in size. A hair on your head is approximately 50 to 75 microns in diameter. These tiny, tiny particles (straight from Mother Nature) are designed to enter into the bloodstream and reach our cells to remove toxins, unfriendly bacteria and to build bone density.

- **Binds to toxins taken in from daily living (such as in exhaust we breathe)** as well as those which have bio-accumulated over time i.e. heavy metals, mercury, lead, arsenic, cadmium, chemicals, **radiation**, pesticides.... etc.
- **Increases Bone Density** - Contains 60 essential minerals. Rich in naturally occurring silica 55.3%. This is very important for moving calcium into the bone cells.
- **Periodontal Issues;** Dental Pockets - Excellent solution for permanently removing the unfriendly bacteria. No more deep cleanings. We brush our teeth with this clay after flossing; excellent for closing up pockets in the gumline.
- **Bacteria** - Binds to unfriendly bacteria causing infections such as **MRSA** and flesh eating bacteria i.e. **Buruli Ulcer**.
- **pH is 8.3** - helpful for alkalizing the body
- Dissolves **ganglion cysts**
- **Minerals** - Contains over 60 naturally occurring minerals for the body

**Basal skin cancer spots** - In the past, I've had these removed by a dermatologist. However in the most recent years, I've applied a little thick clay mud to the spots, and leave on for an hour or so. Then I rinse the clay off. After about ten days to two weeks, they seem to be permanently gone. **Always check with your doctor first as this remedy is not to replace their advice.**

## Simple to use ~

Swallow tablets or put clay powder in a glass of warm water. The warmer water allows the clay to mix without clumping - just add a little cooler water after stirring, then drink. **Do not use metal utensils since this clay binds to heavy metals - wooden chopstick works well.**

You can also dip a wet toothbrush into moist clay after flossing - and brush teeth - unfriendly bacteria in the gumline will attach to the clay and pocket depth often reduces.

**Dosages:** If you are sensitive, just start with less than the following suggestions.

**Powder** - 1 tsp in am, 1 tsp in pm.

**Tablets** -- 250 Tablets last three to four weeks

Average dosage is 5 to 6 tablets 2 times a day. One tsp of clay powder = 6 tablets.

**Constipation or sluggish bowels?** Always add magnesium powder to your regime in the evening. Natural Calm powder is available under magnesium.