

DIRECTIONS: As a dietary supplement, take one (1) capsule twice daily, preferably with a meal, or as directed by your healthcare provider.

CAUTION: Do not exceed recommended dose. St. John's Wort may contribute to photosensitivity resulting in skin irritation and redness in persons exposed to strong sunlight or tanning booths. Avoid use in patients at risk of bleeding, taking anticoagulants, or with clotting disorders, based on case reports of bleeding. Discontinue use 2-3 weeks prior to some surgical and dental procedures due to increased risk of bleeding. Use cautiously in patients with history of seizure, based on reports of seizure due to Ginkgo seed ingestion. Use cautiously in children. Avoid use in couples who are trying to conceive, based on theoretical reduction of fertility. Pregnant or nursing mothers, children under 18, individuals taking MAO Inhibiting Drugs, or with a known medical condition should consult a physician before using this or any dietary supplement.

Made in the USA

www.vitaminsdirectonline.com

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These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

COGNIDYNE

ADVANCED BLEND TO SUPPORT FOCUS AND CLARITY

Nutrients *for* Health™
BY W.T. RAWLEIGH

60 CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

	Amount Per Serving	% Daily Value
Ginkgo biloba (as 24% extract)	50 mg	*
Phosphatidylserine 4% Complex (consisting of Lecithin and Phosphatidylserine)	125 mg	*
N-Acetyl L-Carnitine HCl	50 mg	*
St. John's Wort (0.3% extract) (flower heads)	250 mg	*
L-Glutamine	150 mg	*
Dimethylaminoethanol Bitartrate	50 mg	*
Bacopa monnieri Leaf Extract (20% bacosides)	100 mg	*
Vinpocetine (seeds)	2 mg	*
Huperzine-A (aerial plant)	10 mcg	*

* Daily Value not established.

Other Ingredients: Gelatin (bovine), vegetable magnesium stearate, microcrystalline cellulose, and silicon dioxide.

ALLERGEN WARNING: CONTAINS SOY (LECITHIN).

- Keep out of the reach of children
- Store in a cool, dry place
- Do not use if seal is broken



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