sho™: simple health organizer, clicks modern nutrition into your hand, and helps track your daily dietary supplement intake. Evidence-based, scientific formulas in easy-to-swallow Spheri-Gels. NO artificial colors, flavors, additives, or preservatives. Patents pending.

- ☑ Completely remove the seal before re-assembling for use.
- ☑ Best consumed within one month after opening.
- ☑ Store in a cool, dry location.
- ☑ For adults only. Keep out of reach of children.

Promotes colon health and regularity with clinically proven 100 billion plant-based B. casei K-1 probiotics. Addition of prebiotic, spirulina, flaxseed and olive oil further enhances intestinal health and immunity.*

Manufactured for: SHO Nutrition. LLC, New York, NY 10023 www.shonutrition.com info@shonutrition.com 646.502.5558

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Supplement Facts

Serving Size: 2 Spheri-Gels™ Servings Per Container 30

Amount Per Serving %DV

Lactobacillus Casei K-1 100 bil	100mg lion CFU	+
Prebiotic Fructooligosaccharides (FOS) Spirulina	20mg 20mg	+
Flaxseed Oil (>45% ALA) Olive Oil	100mg 38mg	+

Other Ingredients: Veggie gelcap (modified cellulose), Lecithin, Rice wax, Glycerin fatty acid ester.

Vegetarian. Free of gluten, wheat, dairy, nuts, fish, shellfish, eggs, sweeteners. Lecithin contains trace amount of soy protein.

+ Daily Value not established

Directions: 2 Spheri-Gels daily, minimum 2 weeks for best results.

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