sho™: simple health organizer, clicks modern nutrition into your hand, and helps track your daily dietary supplement intake. Evidence-based, scientific formulas in easy-to-swallow Spheri-Gels. NO artificial colors, flavors, additives, or preservatives. Patents pending.

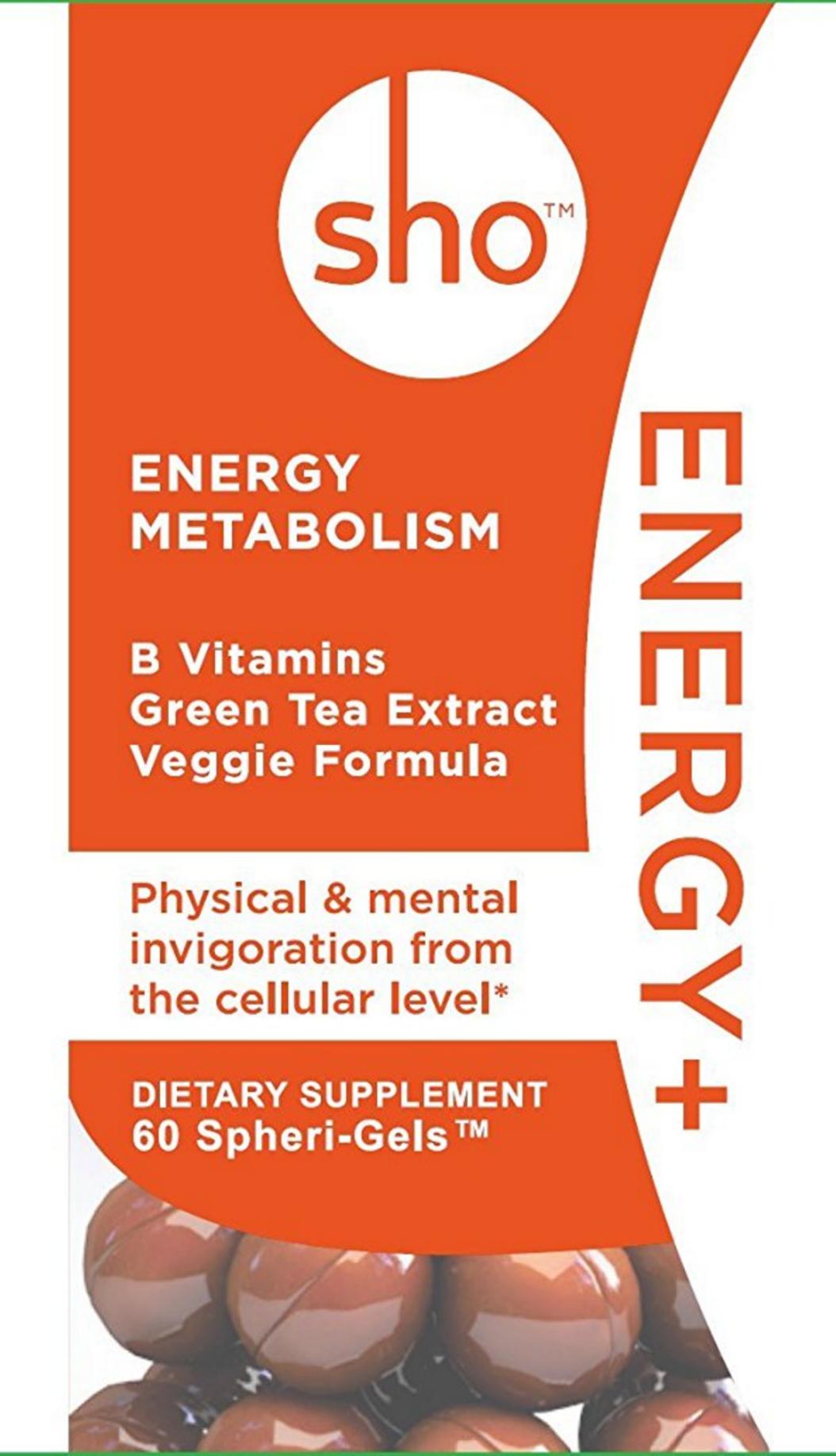
- ☑ Completely remove the seal before re-assembling for use.
- Best consumed within one month after opening.
- ☑ Store in a cool, dry location.
- For adults only. Keep out of reach of children.

Boosts energy metabolism for all lifestyles including vegan with potent B vitamins, especially B6 and B12. Green Tea Extract (Matcha) with natural caffeine enhances sustained energy for mental clarity with no jitters.*

Manufactured for:

SHO Nutrition. LLC, New York, NY 10023 www.shonutrition.com info@shonutrition.com 646.502.5558

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Supplement Facts

Serving Size: 2 Spheri-Gels™ Servings Per Container 30

erving	%DV
4.2mg	267%
4.8mg	282%
20mg	1000%
600ug	150%
50ug	833%
40mg	+
40mg	+
	4.8mg 20mg 600ug 50ug 40mg

Other Ingredients: Veggie gelcap (modified cellulose), Lecithin, Rice wax, Glycerin fatty acid ester.

+ Daily Value not established

Vegetarian. Free of gluten, wheat, dairy, nuts, fish, shellfish, eggs, sweeteners. Lecithin contains trace amount of soy protein.

Directions: For sustained energy release: 2 Spheri-Gels daily. For intense physical and mental performance: 4 Spheri-Gels daily.

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