



PRO- ARGININE

Description Nutritional Info

Recommended Use

Mix one level scoop or packet into 8-10 fl. oz. of water. Shake or stir thoroughly and drink. Consume on an empty stomach approximately 30 minutes before exercise or at bedtime. This product may be used with other GPS products.

CAUTION: As with all high-arginine products, consult with your health care provider before using this product if you have recently had a heart attack, have kidney disease, liver disease, have an active or latent herpes infection, or are pregnant or nursing. Consumption of large amounts of arginine may cause diarrhea.

Keep out of reach of children. Store in a cool, dry place.

Supplement Facts

Serving Size 1 level scoop

Servings Per Container 15

	Amount Per Serving	%DV*
Calories	30	
Total Carbohydrates	7g	2%
Sugars	6g	†
Vitamin C (ascorbic acid)	150mg	250%
Niacin	10mg	50%
L-arginine (L-Arginine and L-Pyroglutamate)	3000mg	†
L-glutamine	500mg	†
Glycine	500mg	†
L-leucine	500mg	†
L-isoleucine	250mg	†
L-valine	250mg	†
L-lysine (as HCl)	200mg	†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established

Other Ingredients: Glucose, sucrose, glucose polymers, natural flavors (apple/cinnamon), malic acid, citric acid, silica, hydrolyzed whey protein, stevia extract, beet root powder (for color), caramel color, xanthan gum, natural sweetener. **CONTAINS:** Milk