

Suggested Usage: Take 3 tablets 1 to 2 times daily with food.

NOW® Calcium Lactate is a stable and bioavailable form of phosphorus-free Calcium. Calcium is a mineral that is essential for the growth and maintenance of healthy bones and teeth.* Calcium is also critical to many body functions, including normal muscle contraction, nerve conduction, and vascular function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

TABLET SIZE

CODE 1260B V5



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Calcium Lactate

Supports Bone Health*

- Bioavailable Calcium Source
- Easy to Swallow Tablet

250 Tablets



A Dietary Supplement Vegetarian/Vegan

Minerals

Family owned since 1968.

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 83

	Amount Per Serving	% Daily Value
Calcium (from Calcium Lactate)	255 mg	20%

Other ingredients: Cellulose, Magnesium Stearate (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Quality Calcium Lactate provides readily absorbable Calcium that is phosphorus-free.

Store in a cool, dry place after opening.

Please Recycle.

