The unique protein blend includes an anabolic module of 20 grams of whey protein and 6.2 grams of leucine that was clinically tested in an 8-week study of athletes performing an intense resistance exercise training regimen. The athletes using this proprietary module of whey protein and leucine demonstrated an increased improvement in muscle strength and muscle size as compared to those performing the same exercise training regimen who did not consume the proprietary module. In a clinical study of participants using a unilateral lower limb resistance training protocol, even the untrained limb demonstrated increases in



WHEY PROTEIN +

LEUCINE GROUP

30% INCREASE IN MUSCLE STRENGTH COMPARED TO PLACEBO□

In a clinical study using a reduced volume resistance training protocol, the anabolic module in Amplified Wheybolic Extreme 60™ Original has been clinically shown to provide the same gains in maximum muscle strength and stamina doing one set while using Amplified Wheybolic Extreme 60™ Original when compared to two sets of the same amount of training without supplementation.\*

\*When used in conjunction with an exercise program. As with any food product, use of this product alone will not lead to increased muscle mass or strength.

°Inclusion of these enzymes resulted in a 12% greater protein breakdown as measured by the release profile of the amino acid tyrosine. These results represent the enzyme activity potential under simulated conditions. Effects in the human body have not been studied.

<sup>‡</sup>Per 3 scoop serving.

Pittsburgh, PA 15222

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. For More Information: 1-888-462-2548 SHOP NOW @ GNC.COM Distributed by: General Nutrition Corporation

## ♦1 SET + AMPLIFIED WHEYBOLIC





## PRO PERFORMANCE®

# **AMPLIFIED WHEYBOLIC** ORIGINAL 6 PRODUCTS IN ONE

- 60g Whey Isolate & Hydrolysates to Support Muscle Recovery & Growth ± 1\*
- 30% Increase in Muscle Strength□\*
- 7.7g Leucine Plus 8.5g Aminos<sup>‡\*</sup>
- #1 Selling GNC Sports Performance Protein





DIETARY SUPPLEMENT Net Wt 48 oz (3 lb) 1364 g

DIRECTIONS: Once per day as a dietary supplement, consume one, two or three scoops of GNC Pro Performance® AMP Amplified Wheybolic Extreme 60" Original in 4, 8 or 12 fl. oz. of cold water, respectively, 30 minutes after your workout. On non-training days, consume one serving first thing in the morning. For extreme results, take the full three scoop serving twice per day.

Suppl	e m	e r	nt I	F a	ct	S
Serving Size Servings Per Container	1 Scoop (2	6.33 g) 51	2 Scoops (5)	2.66 g) 25	3 Scoops	s (79 g) 17
Amount Per Serving	% Daily Value		% Daily Value		% Daily Value	
Calories	90		190		280	
Calories from Fat	5		5		10	
Total Fat	0.5 g	1%†	0.5 g	1%†	1 g	2%†
Saturated Fat	0 g	0%†	0.5 g	3%†	0.5 g	3%†
Cholesterol	5 mg	2%	10 mg	3%	15 mg	5%
Total Carbohydrate	2 g	1%†	5 g	2%†	7 g	2%†
Dietary Fiber	0 g	0%†	0 g	0%†	1 g	4%†
Sugars	1 g	*	1 g	*	2 g	*
Protein	20 g		40 g		60 g	
Calcium	93 mg	9%	187 mg	19%	280 mg	28%
Sodium	115 mg	5%	230 mg	10%	350 mg	15%
Potassium	115 mg	3%	230 mg	7%	350 mg	10%
Amino Acids	2.83 g	*	5.66 g	*	8.5 g	*

Arginine (as Whey Protein Isolate, Micronized L-Arginine, Hydrolyzed Whey Protein). Glutamine (as Whey Protein Isolate, Hydrolyzed Whey Protein, Micronized L-Glutamine) (as Whey Protein Isolate, L-Leucine, Hydrolyzed Whey Protein)

166 mg \* 333 mn (as L-Carnitine Tartrate)

\* 159 mg Amino Acceleration System 79 mg \* 159 mg \* 239 m Enzyme Matrix™ Blend (Amylase, Protease 4.5, Protease 6.0, CereCalase®, Peptidase. Alpha-galactosidase, Glucoamylase, Bromelain, Protease 3.0, Lipase, Protease AM, Invertase Lactase) Aminogen® Carbogen®

† Percent Daily Values are based on a 2,000 calorie diet. \* Daily Value not established.

OTHER INGREDIENTS: Protein Blend (Whey Protein Isolate, Hydrolyzed Whey Protein), Natural and Artificial Flavors, Polydextrose, Lecithin, Salt, Sucralose, Acesulfame Potassium. CONTAINS: Milk and Soybeans.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

Aminogen® and Carbogen® are registered trademarks of Innophos Nutrition, Inc. Enzyme Matrix\* and CereCalase® are products of National Enzyme Company, Inc. Enzyme Matrix\* is a GNC Trademark.



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. 
\*Product was tested for over 145 banned substances on the 2016 
World Anti-Doping Agency (MAD) Prohibited List via LGC skip lot 
testing protocol #ICP0307. See gn.c.com for more information.

TYPICAL AMINO ACID PROFILE PER 3 SCOOP SERVING						
Alanine	2895 mg	Lysine	4820 mg			
Arginine*	3624 mg	Methionine	1201 mg			
Aspartate	6499 mg	Phenylalanine	1689 mg			
Cystine	1467 mg	Proline	4244 mg			
Glutamine/Glutamic Acid*	10324 mg	Serine	2885 mg			
Glycine	932 mg	Threonine	4362 mg			
Histidine	1142 mg	Tryptophan	1039 mg			
Isoleucine†	3934 mg	Tyrosine	1738 mg			
Leucine†*	7764 mg	Valine†	3441 mg			
		Total	64000 mg			

† Indicates Branched Chain Amino Acids (BCAA).

Denotes naturally occurring and added free form amino acids.

Looking for a protein that will help AMPlify your game? When it comes to enhancing your strength, size and stamina, nothing lements your training regimen like Amplified Wheybolic Extreme 60™ Original! It is GNC's top protein formula with a base of whey and leucine - proven in clinical studies to give you a 30% increase in strength, increased muscle size, and a 100% improvement in exercise efficiency. ♦□\* That's better fuel for a stronger body – premium protein for ADVANCED MUSCLE PERFORMANCE.\*

## Ampimou whoybu

How is this protein AMPlified? GNC's scientists worked with leading exercise and sports nutrition experts and went beyond the extreme to develop this distinct product...

Highly Effective Whey-Leucine Base – The impressive 60 grams of protein<sup>‡</sup> are made entirely from two of the highest quality, fast-absorbing forms of whey protein – isolates and hydrolysates. With 7.7 grams of leucine‡, this creates an ideal environment for muscle protein synthesis.‡ This potent blend upregulates multiple Genetic Signaling Pathways (GSP) to enhance anabolism and muscle performance.\* In fact, the whey and leucine blend in Amplified Wheybolic Extreme 60™ Original has been shown to increase muscle strength and stamina with half the sets.<sup>♦□\*</sup>

Micronized Amino Acids – Using MicroSorb™ Amino Technology, the amino results, take the full three scoop serving acids added to this formula are pulverized, or "micronized," from large molecules into smaller particles to facilitate faster absorption. Why is that important? Better absorption of amino acids means better muscle fuel. These key amino acids support muscle building and recovery.\*

Amino Acceleration System - This digestive enzyme blend is designed to accelerate the availability and absorption of amino acids to be efficiently used by

More Key Aminos – In addition to a whopping 7.7 grams of leucine<sup>‡</sup>, this formula is loaded with an array of aminos necessary for your muscles. This complex blend of amino acids delivers 3.6 grams of arginine<sup>‡</sup>, which is involved in creatine synthesis, and over 10 grams of glutamine<sup>‡</sup>, providing anabolic effects. The amino acid L-Carnitine is included to help transform fatty acids into energy for muscles and the body's energy production

This cutting-edge formula is scientifically engineered to AMPlify your game.

Features an Amino Acceleration System – a digestive enzyme blend with proven bioactivity. This proprietary enzyme blend provides a 12% greater protein breakdown for improved amino acid uptake.°\*

Those who are participating in resistance training regimens seeking improvements in muscle strength, size and stamina.

Once per day as a dietary supplement, consume one, two or three scoops of GNC Pro Performance® AMP Amplifi Wheybolic Extreme 60™ Original in 4, 8 or 12 fl. oz. of cold water, respectively, 30 minutes after your workout. On non-training days, consume one serving first thing in the morning. For extreme twice per day, pre and post-workout.

- 1. Whey Protein Isolate
- 2. BCAA Complex
- 3. Leucine
- 4. Arginine 5. L-Carnitine
- 6. Digestive Enzymes

ese statements have not been evaluated by the Food and Drug Administration.