

ITEM #078

TC #B2381002



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DIRECTIONS: Take one tablet daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light and moisture.
Store at 15-30°C (59-86°F).

DO NOT PURCHASE IF SEAL IS BROKEN.



Daily Women's Health Formula

High Potency Multivitamin
& Multimineral
with Extra Calcium

NO
COLOR
ADDED

COMPARE TO ONE A DAY WOMENS®†

DIETARY SUPPLEMENT
100 TABLETS

NO sugar, starch, yeast, wheat, milk,
artificial colors, flavors or preservatives

Supplement Facts

Serving Size: 1 tablet

	Amount Per Serving	% Daily Value
Vitamin A (100% as natural beta-carotene)	2,500 IU	50%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as natural d-alpha-tocopheryl succinate)	30 IU	100%
Vitamin K (as phytonadione)	25 mcg	31%
Thiamin (as thiamin mononitrate)	1.5 mg	100%
Riboflavin	1.7 mg	100%
Niacin	10 mg	50%
Vitamin B6 (as pyridoxine HCl)	2 mg	100%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	6 mcg	100%
Biotin	30 mcg	10%
Pantothenic acid (as D-calcium pantothenate)	5 mg	50%
Calcium (as calcium carbonate)	450 mg	45%
Iron (as ferrous fumarate)	18 mg	100%
Magnesium (as magnesium oxide)	50 mg	13%
Zinc (as zinc citrate)	15 mg	100%
Selenium (as selenomethionine)	20 mcg	29%
Copper (as copper gluconate)	2 mg	100%
Manganese (as manganese gluconate)	2 mg	100%
Chromium (as chromium nicotinate glycinate)	120 mcg	100%

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, silica, and pharmaceutical glaze.

† One A Day Womens® is a registered trademark of Bayer AG, Morristown, NJ.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

Manufactured by Windmill™ Health Products
West Caldwell, NJ 07006