

**HIGH STRENGTH**

# Calcium 400mg & Magnesium 200mg

## Essential minerals for healthy bones

**120 Tablets****Product Information**

Calcium and magnesium are essential for healthy bones and teeth, normal nerve function and muscle contraction. Our Calcium 400mg and Magnesium 200mg has been specifically designed for rapid and efficient absorption in the body.

**Ingredients - Each Tablet Contains:**

Calcium Carbonate 1112mg providing 400mg of elemental Calcium (50% RDA), Magnesium Oxide 334mg providing 200mg of elemental Magnesium (50% RDA). Other Ingredients: Microcrystalline Cellulose, Magnesium Stearate.

**Suggested Daily Intake**

Take two tablets daily as a food supplement or as directed by a healthcare professional.

**Important Information**

If you are taking any prescription medication, you have a medical condition or you have specific concerns about the suitability of our products, always consult your GP or Pharmacist prior to taking supplements. Do not exceed stated dose. Store in a cool dry place. Keep away from children at all times. Do not use if seal is broken. Pregnant or lactating women should consult a Doctor before using this product. Suitable for Vegetarians. Image is for illustration purposes only. Food supplement: This product should not be used as a substitute for a varied diet.

**AutoDespatch**

SAVE 10% and get FREE P&P on all repeat orders by having your favourite supplements conveniently scheduled and delivered automatically with our unique AutoDespatch system.

**Same Day Despatch**

We will ensure your order is despatched on the day of receipt (when placed before 12.30pm) and that all orders placed after 12.30pm are despatched on the next working day. All sent 1st class!

**PriceMatch Guarantee!**

If you buy from us and then see the same product cheaper elsewhere we will refund the difference plus 10%!

[www.simplysupplements.co.uk](http://www.simplysupplements.co.uk)

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**Freephone Orderline: 0800 988 0292****Customer Care Line: 0845 863 0622****E294**