

Suggested Usage: Take 1 tablet daily.

Vitamin C is a water soluble nutrient well known for its vital role in the immune system.* Vitamin C is also necessary for the production of collagen (a structural protein in connective tissue) and is therefore important for skin, bone, and joint health.* Vitamin C is needed for amino acid metabolism, neurotransmitter synthesis, and the utilization of many nutrients, such as folic acid and iron.* It is also a highly effective antioxidant that can protect the body's cells and molecules from damage by free radicals and reactive oxygen molecules generated during normal metabolism and exposure to environmental stressors.* This product supplies Calcium Ascorbate, a buffered form of Vitamin C that is bioavailable and non-acidic; it is enhanced with Bioflavonoids, which work synergistically with Vitamin C.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Some scientific evidence suggests that consumption of antioxidant vitamins may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

CODE 0700B V9



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TABLET SIZE



Buffered C-1000 Complex

Antioxidant Protection*

With 250 mg Bioflavonoids

90 Tablets

A Dietary Supplement Vegetarian/Vegan



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin C (from Calcium Ascorbate)	1 g (1,000 mg)	1111%
Calcium (from Calcium Ascorbate)	100 mg	8%
Citrus Bioflavonoid Complex	250 mg	†
Acerola Powder (<i>Malpighia puniceifolia</i>) (Fruit)	50 mg	†
Rutin Powder (<i>Sophora japonica</i>) (Flower Bud)	50 mg	†

† Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source), Silica and Vegetarian Coating.

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Do Not Eat Freshness Packet. Keep in Bottle.

Natural color variation may occur in this product.

Store in a cool, dry place after opening. Please Recycle.

