

HIGH STRENGTH

Fifty Plus Formula

Specifically designed for the
'Over 50's'

**120 Tablets**

Product Information

It is increasingly difficult to obtain vital nutrients from the food we eat, therefore a daily multivitamin in conjunction with a balanced diet may offer an easy and convenient way of ensuring your body is getting the nutrients it needs to maintain good health.

Ingredients - Each Tablet Contains:

Vitamin C 60mg (75% RDA) provided by Ascorbic Acid, Magnesium Oxide 45mg providing elemental Magnesium 26.95mg (7.19% RDA), Vitamin B3 (Nicotinamide) 18mg (112.5% RDA), Vitamin E (DL-Alpha-Tocopherol) 7.5mg (62.5% RDA), Iron 4.4mg (31% RDA), Vitamin A 800mcg (100% RDA), Zinc 0.75mg (7.5% RDA), Vitamin B6 (Pyridoxine Hydrochloride) 2mg (143% RDA), Vitamin D3 (Cholecalciferol) 5.5mcg (111% RDA), Vitamin B1 (Thiamine) 1.6mg (145% RDA), Folic Acid 200mcg (100% RDA), Iodine 150mcg (100% RDA), Vitamin B12 1mcg (40% RDA). Other Ingredients: Microcrystalline Cellulose, Dicalcium Phosphate, Magnesium Stearate, Silica.

Suggested Daily Intake

Take one to two tablets daily as a food supplement or as directed by a healthcare professional.

Important Information

If you are taking any prescription medication, you have a medical condition or you have specific concerns about the suitability of our products, always consult your GP or Pharmacist prior to taking supplements. Do not exceed stated dose. Store in a cool dry place. Keep away from children at all times. Do not use if seal is broken. Pregnant or lactating women should consult a Doctor before using this product. Suitable for Vegetarians. Image is for illustration purposes only. Food supplement: This product should not be used as a substitute for a varied diet.

www.simplysupplements.co.uk

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