

HIGH STRENGTH

Vitamin B Complex

Unique formula of essential B-vitamins

**360 Tablets**

Product Information

Vitamin B complex incorporates all the B vitamins, which are believed may support the maintenance of overall health and wellbeing.

Ingredients - Each Tablet Contains:

Vitamin B3 16mg (100% RDA), Vitamin B5 6mg (100% RDA), Vitamin B6 1.4mg (100% RDA), Vitamin B1 1.1mg (100% RDA), Vitamin B2 1.4mg (100% RDA), Vitamin B12 2.5mcg (100% RDA), Folic Acid 200mcg (100% RDA), Biotin 50mcg (100% RDA). Other Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Magnesium Stearate.

Suggested Daily Intake

Take one to two tablets daily as a food supplement or as directed by a healthcare professional.

Important Information

If you are taking any prescription medication, you have a medical condition or you have specific concerns about the suitability of our products, always consult your GP or Pharmacist prior to taking supplements. Do not exceed stated dose. Store in a cool dry place. Keep away from children at all times. Do not use if seal is broken. Pregnant or lactating women should consult a Doctor before using this product. Image is for illustration purposes only. Suitable for vegetarians. Food supplement: This product should not be used as a substitute for a varied diet.

AutoDespatch

SAVE 10% and get FREE P&P on all repeat orders by having your favourite supplements conveniently scheduled and delivered automatically with our unique AutoDespatch system.

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We will ensure your order is despatched on the day of receipt (when placed before 12.30pm) and that all orders placed after 12.30pm are despatched on the next working day. All sent 1st class!

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