

Suggested Usage: Take 1 capsule daily as needed, with a meal. This high potency capsule should be taken under doctor's supervision.

Caution: For adults only. Do not exceed recommended dose. Do not take on an empty stomach. This product may cause a temporary flush, itching or tingling red rash on the skin. This reaction is normal and harmless. If you experience any prolonged discomfort, discontinue use and consult your physician. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

CAPSULE SIZE

CODE 0481 V4



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Niacin

500 mg

Nutritional Health

Vitamin B-3

100 Capsules

A Dietary Supplement

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Niacin (Vitamin B-3)	500 mg	3125%

Other ingredients: Gelatin (capsule), Cellulose, Silica and Magnesium Stearate (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

