

Suggested Usage: Take 1 tablet daily with a meal. This high potency tablet should be taken under doctor's supervision.

Niacin supplements may sometimes temporarily cause flushing and/or itching, but this sustained release tablet should minimize those symptoms. To further limit these uncomfortable but not dangerous symptoms, take daily and avoid missing doses.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition (liver problems, stomach ulcers, diabetes, gout, etc.). Transient GI symptoms may occur at inception of treatment, consult physician if symptoms persist. Keep out of reach of children.

Natural color variation may occur in this product.

TABLET SIZE

CODE 0480C v7



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Niacin

500 mg

Nutritional Health

Sustained Release
to Minimize Flushing

100 Tablets

A Dietary Supplement Vegetarian/Vegan

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Niacin (Vitamin B-3)	500 mg	3125%

Other ingredients: Cellulose, Stearic Acid (vegetable source), Silica and Vegetarian Coating.

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

